

Parent Webinar

Managing kids and screens – with Dr Kristy Goodwin



Parent learning opportunity

You are invited to attend a Parent Webinar.

Topic: **Raising Kids and Teens in a Screen World**

Dr Kristy Goodwin will deliver research-based information to parents about the overwhelming and confusing task of raising kids and adolescents in digital world. Kristy will explain, using neuroscience, why our kids become infatuated with technology, throw ‘techno-tantrums’ and why they find it hard to switch off devices. She will share how we can help our kids develop healthy digital habits and why we need to avoid using screen-time as a reward or punishment. There will also be an opportunity to ask questions via the chat pod in Adobe Connect.

Date: Wednesday 13th May 2020

Time: 7:00 – 8:00pm

Cost: Nil

Registration: Register online at <http://www.aurora.nsw.edu.au/parent-masterclass-registration/>
Registrations close Monday 11th May, 2020

Location: Webinar via Adobe Connect. Instructions for connecting to the masterclass will be provided the day before the event.

About the presenter

Dr Kristy Goodwin is one of Australia’s leading digital wellbeing and productivity experts (and mum who also deals with her kids’ techno-tantrums!) She’s the author of Raising Your Child in a Digital World, a speaker, media commentator and digital wellbeing researcher, who doesn’t suggest that we ban the iPhone (digital abstinence isn’t the solution). Kristy worked as an educator for fourteen years before becoming an academic and speaker. She has worked with clients including Apple, Westfield, Bank of Queensland, Macquarie Bank, Foxtel, the National Broadband Network, McDonalds, NSW Department of Education and Optus, she’s spoken at national and international conferences, at schools, workplaces and medical conferences throughout Australia. Kristy’s on a mission to empower people to tame their technology habits and not be a slave to the screen!



Further information

If you have any questions or require more information, please contact

Kate Thompson

Head Teacher, Teaching and Learning

Aurora College

Ph: 1300 287 629

Email: kate.donnelly@det.nsw.edu.au

Parent Webinar

Managing kids and screens – with Dr Kristy Goodwin



AURORA
COLLEGE