

Residential 1 2018 Information

Term 1

5th – 9th March 2018

Please read the following information, complete, and return the forms listed below by COB Thursday 8 February 2018.

- 1) Permission form
- 2) Travel plans
- 3) Medical information form
- 4) Payment form
- 5) Sport and Recreation Medical and Consent [form](#)

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The residential school

Residential schools are an integral part of learning with Aurora College. Your child is required to attend the residential school when scheduled.

During the residential program, students will be participating in both curriculum activities and social and cultural activities. It is a fantastic opportunity for students to connect face-to-face with peers and teachers and enjoy what Sydney has to offer. It also allows students to fulfil the mandatory requirements for meeting course outcomes.

All students in Years 11 and 12 Physics and Chemistry and Year 11 Agriculture will also be required to attend and undertake mandatory practical sessions (Physics and Chemistry) and will visit a selected farm (Agriculture).

The general rules and regulations of school and excursion activities apply to residential schools and students are expected to comply with the reasonable instructions of staff. The Department of Education's [Excursion Policy](#) states that students must behave appropriately at all times while on excursions.

**Please read the following information, complete, and return the forms listed below by
COB Thursday 8 February 2018.**

- 6) Permission form
- 7) Travel plans
- 8) Medical information form
- 9) Payment form
- 10) Sport and Recreation Medical and Consent [form](#)

Arrival and departure

Aurora College's residential program will be taking place from 4:00pm Monday 5th March to 8:30am Friday 9th March 2018.

Address: Sydney Academy of Sport and Recreation
Wakehurst Parkway, Narrabeen

[Venue information](#)

[Getting there](#)

Students can arrive on Monday afternoon 5th March from 4pm onwards but official sign in will be between 5pm – 6pm.

Supervision of students arriving at the venue by other means will be available after 4pm. All students will need to sign in and collect an ID card, program and other relevant information. Any students arriving on Tuesday 6 March need to sign in by 8:00am.

Two executive staff members will have school mobile phones. They are able to be contacted in the event of an emergency.

Mobile # 1: 0475 961 392

Mobile # 2: 0475 961 395

All students are to be offsite by 9:30am on Friday 9 March. Students can leave any time before 9:30am, provided they sign out and are accompanied by their parent or guardian. There will not be any educational programs scheduled for the Friday as this day is designated for travel.

Accommodation

Students and staff will be accommodated within the grounds of Sydney Academy of Sport and Recreation. Male and female students will be accommodated separately and will be supervised by Aurora College staff. Staff will also be staying overnight in the cabins (separate cabins to students), with at least one teacher staying in a room nearby the students. Security will be contracted to provide additional overnight supervision.



If travelling by car, on arrival keep left and follow the signs to dorm accommodation. There is some parking available outside the 'Dorm Dining Room', where students sign in. ([Sydney Academy map](#))



Transport

Parents are expected to make travel arrangements for their children to and from the Residential School at Sydney Academy of Sport and Recreation, Narrabeen.

To minimise the cost and disruption to families, Aurora College will hire buses to and from Sydney Academy of Sport and Recreation from the regional centres listed below under 'Buses'. Buses are provided by the college in areas of the state where there are sufficient numbers of students to make the service financially viable and where there are staff available to supervise.

Staff will be available to supervise students in transit to and from Sydney Academy of Sport and Recreation **via Central or Gordon Station and Sydney Airport**. Staff will accompany students to and from Sydney Academy of Sport and Recreation by bus (Sydney Airport) or by Department of Education car (Central or Gordon Station).

Aurora College staff will supervise students at:

- **Sydney Airport** from 1:00 pm with the college bus departing for Sydney Academy of Sport and Recreation around 2:00 pm
- **Central or Gordon train station** as required
- **Sydney Academy of Sport and Recreation** from 4:00 pm
- **Buses**
 - **Bus 1 – Cobar** (with pickups/letdowns at Nyngan, Dubbo, Wellington, Orange)
 - **Bus 2 – Griffith** (with pickups/letdowns at West Wyalong, Forbes, Parkes, Bathurst)
 - **Bus 3 – Culcairn** (with pickups/letdowns at Wagga Wagga, Cootamundra, Goulburn, Suttons Forest)
 - **Bus 4 – Eden** (with pickups/letdowns at Bega, Narooma, Moruya, Ulladulla, Nowra)
 - **Bus 5 – Murwillumbah** (with pickups/letdowns Ballina, MacLean, Toormina, Macksville, Kempsey, Port Macquarie, Taree)

After reviewing travel options, please promptly complete and return the forms attached (labelled "2. Travel Plans"). **If your child will be travelling as an 'unaccompanied minor' then you must let us know** by contacting the Aurora College office on 1300 287 629 or email auroracoll-h.school@det.nsw.edu.au

Buses

Buses will arrive and depart from the destinations in the table on the next page at a time to be advised, on Monday 5 March and Friday 9 March 2018. Students and the accompanying teachers will arrive at the residential school on Monday afternoon/evening and return to their departure point on Friday. **Please make plans to catch the bus allocated for your school.** These bus routes have been planned to accommodate student numbers along the routes and with growing numbers in our school we no longer have room for students to select an alternative bus.

Full bus timetables with exact pick up locations and times will be forwarded when we receive confirmation of the travel plans of all students and the itinerary from the bus company. **The additional cost per student to travel to and from Sydney on any of these buses is \$50 (return).**

Bus routes

BUSES	BUS 1	BUS 2	BUS 3	BUS 4	BUS 5	Bus 6
Pick up points are the towns in bold	Cobar <i>Cobar H.S</i> <i>Bourke H.S</i>	Griffith <i>Griffith H.S</i> <i>Wade HS</i> <i>Leeton H.S</i> <i>Coleambally C.S</i>	Culcairn <i>Billabong H.S</i> <i>Deniliquin HS</i> <i>Finley H.S</i>	Eden <i>Eden Marine H.S</i>	Murwillumbah <i>Murwillumbah H.S</i>	Sydney Airport
<i>Students from schools (in italics) have been designated for seating on the allocated bus route. We have suggested the closest pick-up location for students attending each school in bold.</i>	Nyngan <i>Nyngan H.S</i> <i>Tottenham C.S</i>	West Wyalong <i>West Wyalong H.S</i>	Wagga Wagga <i>Wagga Wagga H.S</i> <i>Tumut H.S</i> <i>Coolamon C.S</i>	Bega <i>Bega H.S</i>	Ballina <i>Ballina Coast H.S</i> <i>Kyogle H.S</i> <i>The Rivers</i> <i>Secondary College (Kadina & Richmond River)</i>	
	Dubbo <i>Dubbo College</i> <i>South & Delroy</i> <i>Baradine C.S</i> <i>Coonamble H.S</i> <i>Coonabaraban H.S</i> <i>Narrabri H.S</i> <i>Coolah C.S</i> <i>Moree Secondary</i> <i>College Albert St</i>	Forbes <i>Forbes H.S</i> <i>The Henry Lawson H.S</i>	Cootamundra <i>Young H.S</i>	Narooma <i>Narooma H.S</i>	MacLean <i>MacLean H.S</i>	
	Wellington <i>Wellington H.S</i> <i>Gulgong H.S</i> <i>Mudgee H.S</i>	Parkes <i>Parkes H.S</i> <i>Condobolin H.S</i>	Goulburn <i>Goulburn H.S</i> <i>Mulwaree H.S</i> <i>Crookwell H.S</i> <i>Jindabyne H.S</i>	Moruya <i>Moruya H.S</i>	Macksville <i>Macksville H.S</i>	
	Orange <i>Orange H.S</i> <i>Blayney H.S</i> <i>Canowindra H.S</i>	Bathurst <i>Denison College-</i> <i>Bathurst High</i> <i>Oberon H.S</i> <i>Cowra H.S</i>	Suttons Forest <i>Mossvale H.S</i>	Ulladulla <i>Ulladulla H.S</i>	Kempsey <i>Kempsey H.S</i> <i>Melville H.S</i>	
				Nowra <i>Nowra H.S</i>	Port Macquarie <i>Wauchope H.S</i>	
					Taree <i>Gloucester H.S</i>	
Final destination	Sydney Academy of Sport and Recreation, Narrabeen					

Flights

Aurora College will provide a bus from Sydney Airport to Narrabeen at no additional cost for students. Aurora College staff will be at Sydney airport to meet any children who are flying to and from Sydney for the Residential program. Please provide a copy of the flight reservations with the signed permission note.

Students should **arrive** at Sydney airport on Monday 5 March 2018 by **1:30pm** (or the nearest time before 1:30pm). The bus will leave Sydney Airport around 2pm for arrival at Narrabeen around 4:00pm.

Return flights should be booked for departure at approximately **12:00 pm** (or the nearest time afterwards) on Friday 9 March 2018. The bus will depart from Narrabeen around 8am and should arrive at Sydney Airport by 11:00 am.

If you are unsure about the suitability of flight times, please check with the college's coordinating office on 1300 287 629

Public transport

In some exceptional circumstances, students may need to travel via public transport to and from the residential school. If this is the case, please ensure arrangements are made for your child to arrive and be collected at one of the destinations listed on the previous pages.

Private vehicle - car

If parents wish to transport students direct to the residential school, please arrive between 4pm and 6pm. Please park in the parking spaces next to the office.

In exceptional circumstances, a student may wish to travel to and from the residential school with another parent or a teacher. If this is the case, please ensure you complete the *Travel in another's private vehicle* section on the permission form.

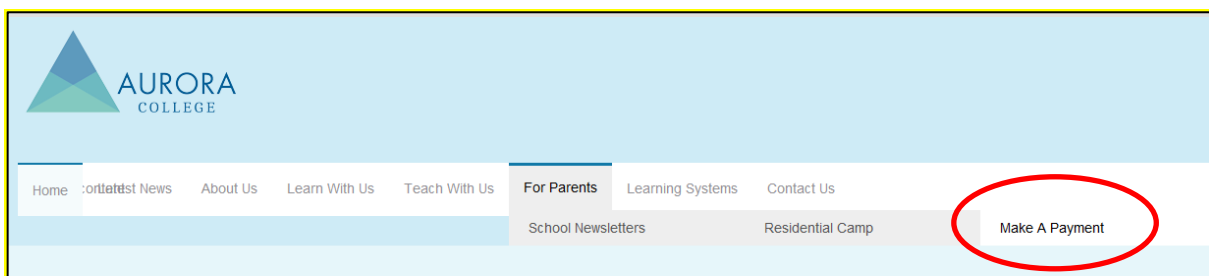
Parents who drive their students to the residential may be eligible for the government's *School Drive Subsidy* for Distance learning students attending mini-schools

<https://apps.transport.nsw.gov.au/ssts/wholsEligibleSchoolDrive#scrollTargetHome>

Costs and payment

The cost of this residential school is **\$350** for the first child and \$175 for subsequent children in the one family. This includes the cost of accommodation, all food, entry to all activities and travel to and from all activities during the residential program in and around Sydney.

Payments can be made by personal cheque or credit card via our website. If you choose to pay online you **MUST include** your **child's initial** and **surname** and the **reference RES1** in the description/reference. Online payments can be accessed via our website www.aurora.nsw.edu.au under the 'For parents' tab.



Payments can be made in instalments by prior arrangement with the college.

Financial assistance and travel subsidies

Families seeking financial assistance with the cost of the residential school may be eligible for the:

- *Aurora College Student Assistance Scheme* – contact Aurora College on 1300 287 629
- *School Student Transport Scheme* <https://apps.transport.nsw.gov.au/ssts/>
- *School Drive Subsidy* for Distance learning students attending mini-schools <https://apps.transport.nsw.gov.au/ssts/wholsEligibleSchoolDrive#scrollTargetHome>

Please contact the school office (auroracoll-h.school@det.nsw.edu.au) on 1300 287 629 for further information regarding payments and financial assistance.

Food

All meals from dinner on the Monday night to lunch on Friday are provided, unless specified otherwise on the program. Students will need to pack food for their journey to the residential and may wish to purchase snacks and items during stops along the way.

On days out, students will collect a packed lunch to take with them. Students may like to bring extra money to purchase food when they are off site.

Special dietary needs are catered for and should be advised on the attached forms submitted to the Aurora College office and the online forms submitted to Sydney Academy of Sport and Recreation. Students with special dietary requirements are expected to make themselves known to staff members so they can be shown where specific items are stored. Every effort will be made to cater for students with dietary requirements, however, it is advisable that students pack some additional food in case alternate provisions are not to their liking.

Students may pack a reasonable supply of snacks for their own consumption at the residential, although large quantities of sugary snacks should be avoided.

Snacks containing nuts are not permitted due to severe allergic reactions from fellow students and staff.

Personal items

Students are responsible for all items they bring with them, including mobile phones, laptops, money and other personal items. The charging of electronic devices is also the responsibility of the student. **Excessive amounts of cash and other valuables are not required.**

Students may have an opportunity to purchase souvenirs, if they wish, from surrounding stores but will **require additional money.**

Additional money may also be needed for students who wish to purchase food and drinks on route to and from the residential school.

Health and medication

Please complete and return the attached medical information form and permission for administering medications form. Copies of any **ASCIA action** plans for allergic reactions or anaphylaxis, and **asthma or other health plans** lodged with the student's home school also need to be forwarded to Aurora College.

All medications must be in the original packaging, clearly labelled with the student's name, the name of the medication, instructions and time for administration. This needs to be handed in at the sign-in desk upon arrival at the residential school. Any student requiring Schedule 8 drugs must report to an Aurora staff member who will arrange for the medication to be locked away until required.

First aid kits and night staff are available on site at Sydney Academy of Sport and Recreation.

One cabin will be allocated as a 'sick bay' if required.

Mental well-being is just as important as physical well-being. If any student experiences difficulty at any time it is important that he/she tell the Aurora staff member in charge. Parents can inform the coordinating office or speak to our school counsellor about any well-being concerns prior to the residential.

Clothing

New students will be issued with an Aurora T-shirt which they will need to wear on their excursion day/s out. New students should have already ordered their shirts. Whilst there is no official Aurora uniform, certain standards in dressing are expected. Please refer to the 'List of things to bring' on the last page.



Existing students may need **to purchase a new Aurora T-shirt** if they have outgrown theirs or require additional shirts. To order an additional shirt please complete an [order form](#) and send to the [school email address](#). We welcome donations of outgrown shirts to provide as spare loan shirts during the residential.

Students are to dress in comfortable, clean and neat clothing that is appropriate for each activity and the weather at the time.

Clothing not permitted:

- Singlet tops and tank tops
- Midriff tops
- Items with offensive logos or writing
- Torn clothes



Whilst this is not an exhaustive list, normal standards for schools and school excursions apply.

Enclosed-toed shoes are required during all scheduled activities including classes and on the students' days out. Full leather covered shoes are essential for science practical classes. Entry to classes and activities will be refused if inappropriate footwear is worn.

Areas where enclosed leather footwear (or other material confirmed by the manufacturer to be suitable, refer to Australian/NZ Standard 2210.1:2010 Safety, Protective and Occupational Footwear) is required are:

- Industrial Arts and trades workshop areas
- Science laboratories
- Canteen or Food Technology (Kitchen) areas

Sandals, open footwear or high-heeled shoes are not permitted in these areas. If students present for a class or activity with inappropriate footwear the student will be offered alternative educational activities until they are wearing appropriate footwear. (See https://detwww.det.nsw.edu.au/media/downloads/detoh_s/adminandmanage/ohands/safeworklearn/riskmanage/footwearguide6.pdf for further information.)

Sandals, open footwear and thongs can be worn in dorms or during free time only.

Activities

During the residential program, most classes and excursions are scheduled during normal school hours. There are limited times during the residential program that allow for 'free time'. However, there are times where there is no compulsory activity. During these times, students need to follow instructions from staff, to be in the right place at the right time and only within the specified supervised areas.

Some of the planned activities for this residential which your child may have the opportunity to participate in include:

- Taronga Zoo (stage 4), students may want to purchase souvenirs here.
- A tour of ANSTO (stage 5)
- Inquisitive Minds - mathematics workshops
- Bell Shakespeare Masterclass (stage 5)
- Visiting the state library and The Rocks (stage 5)
 - students are encouraged to [get a library card](#) prior to visiting the library
- Sydney Observatory (Year 9)
- Dessert at a restaurant (Year 10)
- Lesson time with teachers onsite
- Outdoor education activities provided by Sydney Academy of Sport and Recreation
- Popup Bookshop

All activities involving water will be conducted in accordance with the [Guidelines for the safe conduct of sport and physical activity in schools](#).

Appropriate sun protection (e.g. hats, water resistant sunscreen preferably 50+, long sleeve shirt, sunglasses etc.) is required for all outdoor activities.

Sydney Academy's 'Medical and Consent' form

Sport and Recreation requires a Medical and Consent form for all students and staff, at least two weeks prior to the residential program.

Please provide this information by completing the centre's online Medical and Consent [form](#) available at <https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>

Parents or guardians must complete this form on behalf of their child.

You will need to include the following information

Booking Number **502178**

Booking Start Date **5/03/2018**

Booking Venue **Sydney Academy of Sport and Recreation**

Name of organisation **Aurora College**

* You will need to include the area code when providing a landline number

The Sport and Recreation online form does not replace the permission forms that we send out.

This is a separate form which is required for all attendees at the Sydney Academy of Sport and Recreation. Children are not allowed to stay on the site without submitting the form found in the above link.

Privacy

The information provided by parents is obtained for Aurora's College residential program only. It will be used by Aurora College for permissions and safety purposes and will be stored securely.

You may correct any personal information provided at any time by contacting the Aurora College office on 1300 287 629.

Student behaviour

During the residential camp students are representing Aurora College and are expected to behave in a manner that reflects well on Aurora at all times, including travel to and from the residential. Students should be courteous to other students, staff and members of the public and adhere to all rules and directions as provided by their teachers and for each venue they visit.

In addition to the school [discipline code](#), which students are expected to adhere to during residential, students are required to follow our residential rules below.

- **Look after your name tags**
- **Be ready and on time for all lessons and activities**
- **Attend all scheduled classes and activities**
- **Stay in correct dorm/ room (STRICTLY NO BOYS IN GIRLS DORMS/ROOMS AND VICE VERSA)**
- **Do not share medications**, including energy supplements or natural remedies
- **Do not exceed the recommended dosage** of any medications or supplements
- **Get to sleep and remain in your dorm during the night** (Residential is massive; students need adequate rest and sleep)
- **Stay in bounds**, (students must avoid any out of bounds areas and be in the correct locations)
- **Follow any evacuation procedures quickly and sensibly, as directed by staff or venue**
- **Keep your area/rooms clean and tidy and clear your table after eating**
- **Ensure your name is marked off rolls**
- **Take responsibility for your requirements and belongings**
- **Hand in any dangerous items to the Principal or Deputy Principal**

List of things to bring

All scheduled activities should go ahead as planned (but may be slightly modified) so it is important to be prepared for any variations to the program and weather conditions such as rain or heat.

The accommodation provides a pillow, doona and blanket. Students and staff are required to bring a sleeping bag or sheets and a pillowslip.

- | | |
|--|--|
| <input type="checkbox"/> Calculator | <input type="checkbox"/> Handkerchief or tissues |
| <input type="checkbox"/> Laptop and charger | <input type="checkbox"/> Thongs for shower |
| <input type="checkbox"/> Stationery eg: pens, pencils, highlighter, ruler, paper | <input type="checkbox"/> Two pairs of Sneakers (one old pair to wear in water) |
| <input type="checkbox"/> Spending money | <input type="checkbox"/> enclosed-toed shoes |
| <input type="checkbox"/> Snacks | <input type="checkbox"/> sleeping bag or sheets |
| <input type="checkbox"/> Mobile phone and charger (if necessary) | <input type="checkbox"/> a pillow slip |
| <input type="checkbox"/> Wet weather jacket | <input type="checkbox"/> Small backpack |
| <input type="checkbox"/> Shorts and t-shirts (no singlets, sleeveless or midriff tops) | <input type="checkbox"/> Sunscreen 50+, |
| <input type="checkbox"/> Jeans | <input type="checkbox"/> hat and sunglasses |
| <input type="checkbox"/> Aurora T-Shirt (to be worn on excursions off site) | <input type="checkbox"/> Sleeping bag |
| <input type="checkbox"/> Warm clothes- Jumper and tracksuit pants | <input type="checkbox"/> Towel x 2 (one for showers and one for water activities such as canoeing) |
| <input type="checkbox"/> Pyjamas | <input type="checkbox"/> Board games/cards |
| <input type="checkbox"/> Underwear x 4 + sets | <input type="checkbox"/> Small amount of washing detergent (if desired) |
| <input type="checkbox"/> Swimmers and rashie shirt | <input type="checkbox"/> Plastic bags for dirty or wet clothes |
| <input type="checkbox"/> Socks x 4 pairs | <input type="checkbox"/> Medication (if required, complete permission) |
| <input type="checkbox"/> Toiletries, soap, lip balm, and insect repellent (No aerosol cans) | |



Prohibited

Drugs, cigarettes and alcohol are not allowed at camp and any student found using or in possession of these items may be removed from the Centre. Students found in possession of illegal drugs will be reported to the police immediately. (Sport and Recreation parent information)