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Today's unusual fashion trends...

by Emily Knox

Have you ever walked into a coffee shop and seen women dressed in gym clothes? Or walked down the street or in your local supermarket and they're wearing exercising gear? Well I have. And honestly, I can't put my finger on it but there is something definitely wrong with this. Maybe it's the fact these women are wearing *gym clothes* while doing their *shopping*. . .I don't know, just a hunch. Being a man, I'm not that up to date with the latest fashion trends or anything but I'm 100% sure gym clothes are meant for the gym! Clearly gym gear is extremely comfortable, it is made so you can stretch, sweat and be comfy in all at the same time but I'm not sure why women decided to wear it out of the house. I'm not sure why they think tight, black, stretchy pants are going to cover bulges and cellulite dimples. And do they really want everyone to see their underwear or is that just a benefit of super tight pants? The material is stretched so far the weave is thin enough to let other colours shine through. I noticed this morning as my wife was taking our son to school that she was wearing such pants. I knew full well she wasn't going to gym, she was actually going to a mother's lunch — don't people usually dress up for that kinda stuff? However, I plucked up the courage and asked her that night of the latest 'fashion trend' and all she said to me was "Greg, you know nothing about fashion do you?"

What I wear is perfectly suitable" to which I gave a perfectly honest answer of "I know that black tights are not appealing to the eye when worn by middle aged women" as you can tell the conversation went downhill from there. From that, I came to conclusion of two things; 1. To never question your wife's fashion choices and 2. Clearly, I know nothing about fashion — wearing gym clothes to places other than a gym is perfectly suitable. Even if the entire male population has no idea why. It is okay, because my wife said its okay. Okay?



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Clearly this is one of many pictures where a woman is wearing her gym clothes but also carrying a shopping bag