

**PRINCIPAL'S REPORT****REMINDERS FOR WEEK TEN: TERM THREE 2016**

Friday September 9 <sup>th</sup>	<ul style="list-style-type: none"> <li>Environmental Workshop</li> <li><b>ASSEMBLY including Music Festival performance.</b></li> </ul>
Monday September 12 <sup>th</sup>	<ul style="list-style-type: none"> <li></li> </ul>
Tuesday September 13 <sup>th</sup>	<ul style="list-style-type: none"> <li>Arts Performance - Sam the Magician 10am</li> <li>Glenelg Fire Emergency Management Conference</li> </ul>
Wednesday September 14 <sup>th</sup>	<ul style="list-style-type: none"> <li></li> </ul>
Thursday September 15 <sup>th</sup>	<ul style="list-style-type: none"> <li></li> </ul>
Friday September 16 <sup>th</sup>	<ul style="list-style-type: none"> <li>Last Day of Term 3</li> <li><b>ASSEMBLY/SHARED LUNCH 12pm</b></li> </ul>

**YOU CAN DO IT! STARS****Getting Along – Caught 10 times**

Hamish Storrie Harry Rethus Luke Fidge Brayden St John

**Persistence – Caught 10 times**

Abby McFarlane	Ayden Perkins	Charlie Piergrosse	Morris Richardson	Annabel Sutherland
Eli Herbertson	Gina Shemeld	Hamish Storrie	Harry Rethus	Jayden McCluskey
Jonathon Goode	Lachie Compton	Lilly Swanson	Luke Fidge	Mitch Finck
Monni Claridge	Sam Fidge	Samuel Herbertson		

**Confidence – Caught 10 times**

Ayden Perkins	Hamish Storrie	Harry Rethus	Esther Thompson	Charlie Piergrosse
Eli Herbertson	Gina Shemeld	Jayden McCluskey	Annabel Sutherland	Lachlan Clifford
Lilly Swanson	Luke Fidge	Mitch Finck	Morris Richardson	Taya Field

**Academic Excellence – Caught 10 times**

Morris Richardson Hamish Storrie Annabel Sutherland Jayden McCluskey

**Resilience – Caught 10 times**

Harry Rethus Lachie Compton Rebecca Goode Talisha Hockley Taya Field

**Organisation– Caught 20 times**

Tejay Hansen	Lachie Compton	Annabel Sutherland	Charlie Piergrosse	Morris Richardson
Sam Fidge	Ditanyia Hansen			

**Getting Along – Caught 20 times**

Gina Shemeld	Jonathon Goode	Talisha Hockley	Rebecca Goode	Samuel Herbertson
Lilly Swanson	Luke Fidge	Monni Claridge	Taya Field	Sam Fidge

**Academic Excellence – Caught 20 times**

Charlie Piergrosse Harry Rethus Taya Field

**ACADEMIC EXCELLENCE – Caught 50 Times**

Eli Herbertson

**ORGANISATION – Caught 50 Times**

Taya Field

**LAPS**

Zarah Bott Michael Wood Hamish Storrie Annabel Sutherland

Our You Can Do It! stars will be presented with their awards at tomorrow's assembly at 3pm

**MUSIC FESTIVAL PERFORMANCE ENCORE – Assembly tomorrow**

Our S.R.C (Student Representation Council) would like to give a 'Shout Out' to the following people;

- Donna Kerr** -organising and running the Pastie Drive
- Gen Price, Ian Price, Debra Schultz and Sonya Goode** - helping Donna.
- Andreena Hockley** - organising and running the Father's Day stall
- Sonya Goode, Michelle Price and Michelle Shemeld** - helping Andreena.
- Mr Thompson** - coaching the Boys Basketball team.
- Mrs Poehland** - organising an author to come to our school on Book Day.
- Julie Scown** - setting up the shed for our Disco.
- Olivia Coates** - supporting the Environment Group for their upcoming workshop.



## **SWIMMING – Starts 1<sup>st</sup> week of Term 4**

Sessions: **Monday October 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup>**  
 11.00am – 4/5A  
 2:00pm - PrepM & 5/6T  
**Tuesday October 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> & November 8<sup>th</sup>**  
 2:00pm – 1/2E & 2/3C

**Please read and return the attached form.**

## **PARENTS CLUB**

The minutes of our Parents Club held the first Monday of each month are available at the office for anyone interested. Alternately we are happy to e-mail minutes, just let us know.

## **MATHS FUN NIGHT**



## **EXTRA-CURRICULA TERM 3 DATES**

<b>September</b>	Friday	9 <sup>th</sup>	-	Environmental Workshop for Environment Group
	Tuesday	13 <sup>th</sup>	-	Arts Council Performance – Sam the Magician
			-	Emergency Management Conference
	Friday	17 <sup>th</sup>	-	Last Day of Term 3

Cont....

## EXTRA-CURRICULA TERM 4 DATES

<b>October</b>	Monday	3 <sup>rd</sup>	-	} First Day of Term 4 Parents Club Swimming starts	
	Wednesday	5 <sup>th</sup>	}-		Grade 3/4 Port Fairy camp
	Friday	7 <sup>th</sup>			
	Wednesday	12 <sup>th</sup>	-	School Council	
	Friday	14 <sup>th</sup>	-	Region Athletics	
	Tuesday	18 <sup>th</sup>	-	Artist-in-residence – Blue Guru	
	Thursday	20 <sup>th</sup>	-	Concert 7pm	
	Monday	26 <sup>th</sup>	-	Arts Performance Philip Green Aboriginal Survival Technology 1.30pm	
	Saturday	29 <sup>th</sup>	-	UpWelling Festival	
	Sunday	30 <sup>th</sup>	-	3 Bays Marathon	
<b>November</b>	Tuesday	1 <sup>st</sup>	-	Melbourne Cup Holiday	
	Thursday	3 <sup>rd</sup>	-	Grade 2 Sleepover	
	Monday	7 <sup>th</sup>	-	} Blast Cup: Grade 6's cricket Parents Club	
	Saturday	19 <sup>th</sup>	-		Bolwarra Fair
	Monday	21 <sup>st</sup>	}-	Grade 5/6 Camp	
	Friday	25 <sup>th</sup>			
<b>December</b>	Monday	5 <sup>th</sup>	-	Parents Club	
	Tuesday	6 <sup>th</sup>	-	Orientation Day	
	Tuesday	13 <sup>th</sup>	-	} Decadent Day Family Night	
	Tuesday	20 <sup>th</sup>	-		Last Day of Term 4

**LEE GIBBONS.....PRINCIPAL**

**HAPPY BIRTHDAY** to Abby Saunders who will celebrate her birthday next Thursday.

**PARENT'S CLUB NEWS:-** Next Meeting Monday, 3<sup>rd</sup> October.

**LUNCH ROSTER – 1.15pm to serve -Tomorrow -** Andreena & Debra

**PASTIE ROLL DRIVE** – Due to popular demand, Donna will be cooking more Pastie Rolls in term 4.

If you wish to order, place your name and quantity required on the list in the office.

**WANTED for Bolwarra Fair:-**

❖ If anyone has – a **small Freezer** they can donate or loan to the school.

Old (clean) **sheets/fabric** they can donate to make buntings with.

Please see Bonnie, Fiona, or see Nicole in the office.

**PIE HEATER** – Next Thursday will be the last day hot lunches. The Pie Heater only operates during terms 2 & 3.

## Chaplain's Corner – When life gets tough

We all carry stuff. Not the kind you can put on the scales and weigh. That's easy to deal with. It's the inner burdens, the day-to-day stresses which won't go away. Some of it we may share with partners, families and friends. Some of it we don't. For all sorts of reasons really. It's too hard to put into words is one. Another is that it's like having a dark cloud just sitting there. We feel off but can't put the finger on the cause. It's crept up on us from behind. We don't know how to express it even if we wanted to.

How do we deal with these inner battles which just sit there? The ones which no-one else may even suspect, even those close to us? Deal with them we must. Not to is to leave ourselves open to serious meltdowns and worse. Consider....

- **Everyone is dealing with something** – It's called being human. Life is never easy pickings. And made complex by the endless yet real responsibilities of caring for a family, let alone our own wellbeing. We don't have the control over our circumstances that we would like to have.
- **Just running a home is a challenge** – Managing the bills, meeting deadlines, filling the pantry, keeping the car going, balancing finances, staying healthy are as tricky as running a small business. And it's tiring and stressful. Some of us may find it easy but not all of us.
- **Ongoing stress within families is hard work** – A home where there is love, co-operation, understanding and acceptance is a little bit of heaven on earth. Equally, continuing tension, unresolved conflict, constant anger and hostility are hell on earth. Make no mistake.
- **Ongoing stress produces outbursts** – And it's not fair play. If we are not coping with our own personal difficulties, the risk is that we will be hard to get along with. Our inability to cope will lead to unbearable outbursts with those on the receiving end ignorant of the real cause.
- **There is a high price tag in bottling up our stresses** – We run the very real risk of losing our judgment, of closing our minds to reason, of being unable to see that others have their needs too. Our preoccupation with our issues becomes our only agenda. It's not a good place.
- **So, where to then?** Let's get one thing straight. If our inner world is pure chaos, we need outside help. No, it's not about being a failure because we're not on top. It's about wisdom. And courage. The willingness to put our hand up and let someone know we're drowning.
- **What's the benefit of seeking help?** To find someone we trust, a friend or counsellor who won't wade in with pat answers but who will simply listen is a blessing. The brave act of trying to find words for our inner turmoil actually helps us to begin to work out what's trapping us.
- **It may be hard to open up** – But it's the avenue to unloading. And allowing another to know our pain is the beginning of inner healing and peace. No, there may not be coping strategies which emerge immediately but the old rule of "a problem shared is a problem halved" still applies.
- **Those around us will want the best for us** – But they are totally limited if they don't have any idea about what's going on inside us. Inner secrecy, of not letting them know about our battles leaves them – and us – in a vulnerable and dangerous position.
- **The courage to share the trials is about choosing life** – Sadly, and as we all know, tragedies occur when life gets too much, when that final straw breaks the camel's back. The consequences of that bad move go on for others for years. Always choose life, always, and be open to future hope.

We all need each other's help. Back in 1624, John Donne, wrote that "no man is an island." What touches us, touches those around us. Let's be listeners, encouragers, brave people who share the journey, not bottle it up inside. It's a much better, wiser way to tackle each day.

**John** – stay in touch [revsimmo@gmail.com](mailto:revsimmo@gmail.com)