The first rule of Kung Fu is: ALWAYS bow to your opponent.
Throw a short, right-handed punch in front of you. Make the noise... Ha!
With your arm bent so that your hand is in front of your face, make a short twisting motion at the wrist.

Make the noise, Shi!
EXCLAMATION MARK

Use your arm to make a long vertical slash, from top to bottom, followed by a full stop punch. Make the noises...

Shiiiiiiii! Ha!
Do a full stop punch followed by another one directly beneath it.

Make the noises...

Ha! Ha!
Use your hand to make the shape of a question mark, using 3 movements. Now use a full stop punch. Make the noises...

Shi! Shi! Shi! Shi! Ha!
Make the full stop punch, then the comma twisting motion directly beneath it. Make the noises...

Ha! Shi!
Stand on one leg, extend your arms to the sky and wiggle your index and middle fingers. Make the noise...

Haaeeeee!
ELLIPSIS

Make three punches along a horizontal line.

Make the noises...

Ha! Ha! Ha!
Move your hand horizontally from left to right. Make the noise...

Shi!
Using your left hand, draw a curved line in the air. Do the opposite motion with your right hand. Make the noises...

Shi! Shi!