Dear Parents and Friends,

Malmsbury Munchies.

Many thanks to Mark James and Kyneton IGA for sponsoring our last Malmsbury Munchies. It was great to have all the monies raised going to our end of year excursion.

Our students are thoroughly enjoying getting an extra treat every second Friday. Now that the weather is getting colder our Malmsbury Munchies will help to warm our tummies. Shaylee and Bella are doing an excellent job of organising the Munchies—well done to both of you.

If you know of another business who might be interested in sponsoring a Malmsbury Munchies day please let me know.

Walk to School breakfast last week.

Thank you to all our parents who helped with breakfast last Friday. What a fabulous turn up with nearly all our students making it to the gardens for breakfast. Events like that are a great example of how we work together as a school community to make things happen that benefit our students. Even though the weather is getting colder you can still rug up and walk from the gardens or the shops in Malmsbury. It is still important to stay active even when it is cold and walking up to school with your child and their friends is a lovely way to start the day—and sometimes you get to hear the funniest things as they chat on the way.

Safety at the front of the school.

A reminder that we all need to take care out the front of our school especially at the end of the day. It can be very busy out the front of the school with cars parking and departing. If you park on the other side of the road please get out of your car and walk over to collect your child. The area right at the front of the school is clearly marked with a ‘No Parking’ sign so please do not park there or stop to make a quick drop off or pick up.

National Simultaneous Storytime.

Thanks everyone for the great hat wearing yesterday and for those of you who sent in their hat photo. I haven't finished putting all the pics up on our blog post yet but there is quite a selection there already. Find some time to check them out.

Stay warm and well everyone!

Warm regards,
Carolyn Tavener.
Principal
tavener.carolyn.c@edumail.vic.gov.au
Outsides of School Hours Care (OSHC)
There has been lots of great construction happening in OSHC this week. Everything from a fire engine to a Freya Kelly outfit (That's a vresio of Ned Kelly’s armour!) We will adjust our outside activities each day depending on the weather. Next week we will be crafting and painting. Our menu for next week is below.

**Monday**– Fresh fruit platter. Games outside.

**Tuesday**– Vegie sticks and dip. Games outside.

**Wednesday**– Toasted English muffins. Skipping.

**Thursday**– Cup of soup with toast. Monkey bars.

**Friday**– Nachos. Building with playing cards. Hula hooping!

From Claire.

School Photos.
Next Thursday 2nd June MSP photography will be here to take our school photos. An envelope will go home with each child today. Please check that your child’s name is on the envelope.

If you would like a family photograph taken please ask at the office for a family envelope.

Envelopes MUST be returned on June 2nd. No envelopes will be accepted after photo day.

Your child/ren must be in clean, tidy school uniform on the day. Students who come to school out of uniform will be provided with a spare clean uniform for the photos.

**Why Can’t I Skip My 20 Minutes of Reading Tonight?**

<table>
<thead>
<tr>
<th>Student “A”</th>
<th>Student “B”</th>
<th>Student “C”</th>
</tr>
</thead>
<tbody>
<tr>
<td>reads 20 minutes each day</td>
<td>reads 5 minutes each day</td>
<td>reads 1 minute each day</td>
</tr>
<tr>
<td>3600 minutes in a school year</td>
<td>900 minutes in a school year</td>
<td>180 minutes in a school year</td>
</tr>
</tbody>
</table>

1,800,000 words

<table>
<thead>
<tr>
<th>90th percentile</th>
<th>50th percentile</th>
<th>10th percentile</th>
</tr>
</thead>
<tbody>
<tr>
<td>282,000 words</td>
<td>8,000 words</td>
<td>8,000 words</td>
</tr>
</tbody>
</table>

By the end of 6th grade Student “A” will have read the equivalent of 60 whole school days. Student “B” will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school…and in life?

(Nagy & Herman, 1987)

Absent: Flynn

STUDENT ACHIEVEMENT AWARDS

Congratulations to the following students for striving to be the best they can be.

Mathematician of the Week - Maggie and Flynn for explaining the strategy they used in their number patterns.

Double Zero Hero Award - Tahlia for 100 nights of Home Reading.

Writer of the Week - Hasan and Lily for excellent recount writing.
School banking details:
Bank Australia
BSB – 313 140
Acc. No. 12074523
Reference – your surname

Student Absences.
Please remember if your child is absent from school, you must inform the school the reason for their absence. You can send a note, tell their teacher, contact the school or send us a message via http://goo.gl/i0dK1J

Grounds Roster.
Thank you to Kaye and Geoff again for more work in our grounds! And thank you to the parents (I know I saw Kate and Margie but there could have been others), who came to school this week to clean around the classroom building, blue area and undercover area so things are looking neat and tidy for our Open Days. Thanks Mick for attaching the sleepers and pruning the roses. Please make sure you do a job on the list when it is your turn. Let us know when you have a completed a job and we will remove it from the list. When we all work together our school looks well cared for and loved.

<table>
<thead>
<tr>
<th>Week Beginning-</th>
<th>Families rostered on</th>
<th>Jobs to be done</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 23</td>
<td>Hoyne Kolanwoski Mangelsdorf Betts</td>
<td>*Whippersnipping the sloping edges around the basket ball court. *weeding the garden bed area outside P/1 and 5/6 classrooms. *weeding the garden beds in the retaining wall near the dry creek bed. (Between art building and 2/3/4SC room)</td>
</tr>
</tbody>
</table>
| June 6         | Ellis-Jones Moait Mehmet-Ali Radi Mansbridge | *Mowing the oval. *Cleaning out the leaves from the drain grates near the classroom building. (Check with Carolyn if you’re not sure where) *Clean the gutters at the front of the school. *Clearing away cobwebs. *Cleaning the drink troughs.

Lunchbox Winners!
Angry Bird Mini pizzas!

Small pizza bases (home made or bought)
Toppings/Faces
red tomatoes
orange tomatoes
pepperoni/soy pepperoni
olives, sliced
onion slices, small
red pepper flakes
carrot slices
raisins
orange citrus beak

Use the pictures for inspiration!
LEARNING, SHARING, GROWING TOGETHER

Coding this week
Eight ways to help children learn coping skills.

As children grow and develop, they will face difficult situations where they feel worried, nervous and sometimes scared. Coping skills are what we think, and what we do to help us get through difficult situations.

Children learn and use different coping skills from the time they are born. Parents and carers play an important role in helping children build on their existing coping skills, as well as learn new ones.

Helping children learn coping skills will help them cope with future challenges and strengthen their mental health and wellbeing now and into the future.

**Five things you can do to help children cope**

There are lots of ways you can help your child to cope during challenging or worrying situations, here’s five things you can do:

1. **Listen and talk**

   Help children identify their concerns or worries and acknowledge how they are feeling. For example, you could say, “it sounds like you’re really worried about who you will play with at school tomorrow.”

2. **Provide reassurance and comfort**

   There may be times when children don’t want to talk and just having a parent or carer nearby engaging in a shared activity or giving them a cuddle is helpful. Reassure children when they are feeling worried or unsure. For example, you could say, “it is a big playground but there is an area for just the little kids to play.”

3. **Model ways that you cope with situations**

   Demonstrate how you cope with a situation, for example, you could say, “I am going to take five deep breaths to help myself relax.”

4. **Encourage children to ask for help**

   Teach children that it is okay to ask for help when they need it. For example, asking a teacher for help to open their lunch box.

5. **Problem-solve the situation with them**

   Work with them to solve a problem using a step-by-step process. For example, you can break down a big task into smaller steps and guide them to build their skills so they can eventually complete the whole task on their own.

**Helping children managing strong emotions**

When faced with difficult or challenging situations children can feel angry, worried or perhaps distressed.

It can be hard for children to think clearly at these times, and it makes communication and cooperation difficult.

If your child is experiencing a strong emotion, it’s important to acknowledge it and be nearby to support your child.

You may also consider teaching your child strategies to calm themselves. There will be different strategies that help each child to feel calmer, and some children need more time and structure than others.

Follow your child’s lead to find out what helps them to feel relaxed.

Some suggestions include:

- counting to ten
- taking five deep breaths
- jumping on the trampoline
- going to a quiet place
- playing with toys.

From the Kids Matter website.
COMMUNITY NEWS

1800 55 1800

Botanic Garden
Australia and New Zealand
Open Day

Botanic Gardens conserving plants - our lives depend on it.

www.botanicgardensopenday.org

Sunday 29 May 2016

What’s on at your Garden

Malmsbury Gardens
Friends of the Malmsbury Gardens and Environ will be celebrating with a range of activities between 11.00 am and 3.00 pm. These will include guided/self-guided tours, children's activities, art displays and sales (botanic themes), plants sales and tree planting. Refreshments will be available.

Our ambassadors
Costa Georgiadis (Australia) and Jack Hobbs (New Zealand)

#BGANZOpenDay

Visit https://www.tynker.com/
COMMUNITY NEWS

KYNETON Dental

We at Kyneton Dental are committed to the betterment of your oral health, regular six monthly check-up's are important for your children. Is your child eligible for the $1,000 government benefit? Our reception can help you find out if you are eligible. This scheme runs out on 30th of June 2016.

- No Gap treatment for eligible children under the CDBS (Child Dental Benefit Scheme)
- FREE orthodontic consultation
- Early orthodontic intervention
- Mouthguards
- Check-up & Clean
- Fissure sealants and fluoride treatment

65 High Street, Kyneton

Ph 5422 6159

Open Mon – Fri 8:30am to 5pm, Saturday 9am – 1pm
After hours emergencies service available

LA TROBE UNIVERSITY

Tertiary Enabling Program
BENDIGO 2016

Have you thought about a change? Have you thought about study? Not sure where to start?

The Tertiary Enabling Program at La Trobe University might be the place for you.

NO course or enrolment fees. Centrelink approved.
14 week program.
Commencing 26th of July.

This program provides students with a supportive environment to develop specific academic skills and knowledge, and to enhance confidence to help them successfully complete university or TAFE study. It equips students to make decisions about their learning, to develop pathways to continue their education, and to become independent learners.

How to Apply

Complete an Application Form and Personal Information Statement. Available from: www.latrobe.edu.au/tep Forward it directly to the TEP team at your preferred La Trobe campus.

GENERAL ENQUIRIES
We are very happy to answer any questions you have. Please contact:
Naomi Boshwood
TEP Coordinator—Bendigo
T: (03) 5444 7744
E: tep.bendigo@latrobe.edu.au
Malmsbury Munchies
organised by Shaylee and Bella
(with Carolyn’s help)

Thank you Kyneton IGA for sponsoring our mini pizza munchies treat.

Our next ‘Malmsbury Munchies’ day will be Friday 3rd June.

Bring along $1 to enjoy a crumpet and honey and a hot milo.
Yummo!!!

All money raised goes towards our whole school excursion.