Year 12 Health and Human Development

Unit 3, Outcome 2, SAC #1

This assessment will allow you to demonstrate some of the key knowledge's required for successful completion of Unit 3, Outcome 2. You will be required to use some, but not necessarily all of the knowledge's listed below. The best way to study will be to make sure you are familiar with as many as possible.

Resources:
- Power points
- Your own notes
- Textbook
- Class tasks

Required knowledge's:
- The roles of Local, State and Federal governments in funding Health Care – who does what (Figure 7.8 p200) PP196-200
- Values of the Australian Health Care system
  - what are they? PP201-202
  - be able to relate back to services provided
  - know one really well including relationship to services provided
- Medicare – what do they do? How do they actually achieve their objective of improving health outcomes in Australia? PP201-205
- Private Health Insurance
  - what is it? P208
  - incentive schemes (3). When were they introduced, why and what effect have they had? P209-210
- 3 models of health
  - Focus and features of each one. PP170-175
  - Interplay of the three models of health. What is the role of each of these today and how do they all contribute? P174
  - which is most effective in reducing costs. Why? Relate to disease group.
  - 5 principles of the social model of health. PP174-175
- Ottowa Charter
  - what are the five elements? PP176-178
  - how do these elements reduce incidence and cost of disease?
  - relate specific element to specific disease.
- VicHealth
  - what are the priorities P183
  - how are the principles of the social model of health reflected in VicHealth? P188-189
- Nutrition Surveys (3)
  - how can they be used by governments to promote healthy eating? P226
• Government agencies to promote healthy eating (2) **PP230-240**
  - What is it?
  - What are the guidelines/recommendations?
  - How can it improve inadequacies in the nutritional health of Australians (particularly children)
  - Uses and limitations of each.

• Finding of National Children’s Nutrition and Physical Activity Survey. **PP218-219**.

• Non-government agencies to promote healthy eating (2) **PP246-252**
  - What does each do?
  - How can it improve inadequacies in the nutritional health of Australians (particularly children)
  - Uses and limitations of each.

• Food Standards Code
  - What is it? **P242-243**
  - What needs to be included on food labels? (identify and describe) **P244**
  - How does food labelling legislation improve health? Discuss one example. **PP242,243,245**

**Required skills:**

• Analyse data – read graphs, identify trends.

• Use data – refer to tables and graphs when answering questions

• Be able to *compare* the three models of health. Similarities, differences, effectiveness, shortcomings.

• Be able to identify *VicHealth Priority* in case study.

• Be able to use examples to explain ideas.

• Read case study and identify how it can address mental, social and physical health.

• Relate government and nongovernment programs to case study examples. How do they address problems?