Dear Parents,

This week the teachers have each spent a day planning programs for the rest of the term in their teams. This time is invaluable in ensuring high quality class programs. Thank you to Mrs Miller and Mrs Ashby for taking the classes and the teachers for their hard work. I am very proud of the commitment that Epsom staff have to your students.

Next week the Naplan tests will be conducted for Year 3 and Year 5 students. These will be conducted over three days Tuesday until Thursday with the following timetable:

Tuesday— Language Conventions 9.30-10.30
Writing 11.30-12.30

Wednesday—Reading 9.30-11.00

Thursday— Numeracy 9.30-1100

If you have any queries or concerns please see the class teacher or myself.

We are looking forward to the school cross country tomorrow. The children have been training hard so please come along and support them if you are able. Thanks to Mrs Brunswick for organising the event.

Congratulations to Mr Jake Saddlier who has been selected to participate in a leadership program at the Bastow Institute of School Leadership. He was successful in gaining a place amongst a group of high quality applicants. Well done!

Don’t forget the Mother’s Day Stall tomorrow. Thank you to the parents who have been working hard getting ready for this.

Enjoy the rest of the week
Kerry McGuffie

MOTHERS DAY RAFFLE—PAMPER PACK.
Please make sure all tickets are handed in before school. Tickets are 50c each. A book is $5. The raffle will be drawn tomorrow, Friday May 10th at the conclusion of the Mothers Day Stall.

MOTHERS DAY STALL VOLUNTEERS
Thank you to all volunteers for this stall. Please go to the old music room when you arrive at school.

Plastic bags will be required tomorrow......please send along any spare bags you may have to the old music room.

MOTHERS DAY STALL FRIDAY 10TH MAY
Get something special this Mothers Day. All gifts are new or handmade priced from 50c to$10.

There is a display of gifts in the Office.

SIGNING CHILDREN IN AND/OR OUT
Parents or emergency contacts are required to sign their children in and/or out by first visiting the Office to fill in a “Sign out/in” form. This form is then taken to the teacher and they will mark their roll accordingly.

Bring Your First Teddy To School Day
Next Friday 17th May we would like your child to bring their first teddy that they were given when they were a baby. Can you please bring them to school for Bring Your First Teddy To School Day. The Junior School Councillors will collect a gold coin donation and money raised will go towards replacing our vintage school banner!

By Milly Boyle Jnr School Councillor

WOOLWORTHS EARN AND LEARN
Stickers can be handed in at school.
DATES TO REMEMBER:

**Mondays**
Active After-School Communities Gr 3-6 start 3.30-4.45pm

**Tuesdays**
Student Banking

**Wednesdays**
Active After-School Communities Gr P-2 start 3.30-4.45pm

**Fridays**
Subway lunch orders

**TERM 2**
15TH APRIL—28TH JUNE

**WEEK 4**
*Gardening families Bell, Bellis, Bertuch*
Friday 10th May
Mothers Day Stall. Mothers Day Raffle will be drawn today.
Friday 10th May
Junior School Cross Country @ 11.30am
Friday 10th May
Upper School Cross Country @ 2pm

**WEEK 5**
*Gardening families Bolding, Boyle, Bromham*
Friday 17th May
“Bring your first Teddy to school” Day (see page 4 for more info.)

**WEEK 6**
EDUCATION WEEK
*Gardening families Brown, Bullen, Burdon*
Mon 20th May
School Council Meeting
Tue 21st May
2014 Prep Information Evening @ 7pm
Wed 22nd May
Night School/Community Activities
Thurs 23rd May
Open morning 9.30-11am
Thurs 23rd May
2014 Prep Information Session @ 10am
Thurs 23rd May
Soup Day
Friday 24th May
Walk Safely to School Day
Sunday 26th May
Market Place Competition Finishes

**WEEK 7**
*Gardening families Callanan, Clark, Copeland*
Friday 31st May
Curriculum Day
Saturday 1st June
Bunnings BBQ (Fundraiser—BBQ’ers required)

**WEEK 8**
*Gardening families Crossman, Crossman, Cullen*

**WEEK 9**
*Gardening families Dangerfield, Darcy, Davey*
Monday 10th June
QUEENS BIRTHDAY HOLIDAY

**WEEK 10**
*Gardening families Whittaker, Drummond, Honeyman*

**WEEK 11**
*Gardening families for holidays*

**TERM 3**
15TH JULY—20TH SEPTEMBER

Thurs 18th July—
Gym Program (6 Thursdays)
Thurs 22nd Aug

Wed July 17th
Football Carnival
Thurs July 18th
Netball Carnival
Mon 12th August
Fundraising Meeting @ 9.30am
Thurs 15th August
Soup Day (BYO cup and bread)
Mon 19th August
School Council Meeting
Thurs 22nd August
Last Gym Session
Friday 30th August
Fathers Day Stall
Mon 16th September
School Council Meeting
Friday 20th Sept
Footy/Pie Day

**TERM 4**
7TH OCTOBER-20TH DECEMBER

Mon 21st October
School Council Meeting
Wed 30th October
BENDIGO CUP

Thurs 7th November
Prep Orientation Program 9.15am-12pm
Thurs 14th November
Prep Orientation Program 9.15am-12pm
Mon 18th November
School Council Meeting
November 11th-15th
Swimming program (5 sessions—4 grades)
Mon 18th November
Prep Orientation Program 12pm-3pm
November 18th—22nd
Swimming program (5 sessions—4 grades)
Mon 25th November
Prep Orientation Program 12pm-3pm
Tues 3rd December
Orientation Day
Mon 16th December
School Council Meeting
EPSOM SINGLETS
Thank you to the children who have returned their Epsom singlet that they wore on the day of the Zone Cross Country. There are still some not returned and we would appreciate a quick return so they can be packed away.
Thank you
Jan Brunswick
PE Coordinator

UPPER SCHOOL CROSS COUNTRY
Our Upper School Cross Country Run is set for Friday May 10th commencing at 2.00pm. There are many jobs (none too hard) and as yet I don’t have any volunteers to assist. If you can assist please let the school know.
Jan Brunswick

JUNIOR CROSS COUNTRY
Friday May 10th
11:30 Assemble on netball court. Arrange in age groups boys and girls. Write number on hand.
11:40 Begin with youngest group
5 and 6 year olds – 2 laps
7 year olds – 3 laps
8 and 9 year olds – 4 laps
Presentations will be made at the Junior Unit Assembly straight after race in Mrs Haywards's room around 12:45

NETBALL ON SATURDAY
Court 8 @ 10a.m

WALK SAFELY TO SCHOOL DAY
FRIDAY 24TH MAY, 2013
The annual National Walk Safely to School Day—when all children are encouraged to walk and commute safely, will be held throughout Australia on Friday 24th May.

NEW UNIFORMS AT THE OFFICE
2 x Size 6 tracksuit pants @ $10 each
1 x Size 6 Epsom T-shirt @ $9
1 x Size 16 shorts @ $7
1 x Size 14 Epsom Polo shirt @ $20

SECOND HAND UNIFORM SHOP
Open after Assembly every Monday, in the Welfare Room

VISITORS
All visitors are required to sign in at the Office before going to any part of the school.

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GARDENING ROSTER
I have put the roster for the garden duties on the calendar for the whole term. This is the only time you will be asked to do one hour of gardening for the year. It’s not just gardening…..it can be as simple as sweeping paths, de-cobwebbing, painting, weeding….there is always something small (or big) to be done.
Deanne Hendy – Environmental Coordinator

OFFICE NEWS
Subject Contributions $80 per student– Please remember that instalments can be made at the Office. If you would like to deposit the money directly into the schools bank account, please see me for details. There is still some money outstanding from 2012. We would appreciate this being finalised as soon as possible.

VARIOUS CARDS FOR SALE AT THE OFFICE—50c EACH

SAFEWAY BBQ
Sarah and Michelle will be running a BBQ at Safeway Epsom in 2 weeks. Any helpers would be greatly appreciated. More information next week.

BUNNINGS BBQ FUNDRAISER—JUNE 1ST
This event will be here before we know it. There are quite a few time slots to fill before the event. Please pop your name into a slot and forward the slip to the Office. At least 3 names need to fill each slot. This is a bit of fun as well as helping your child’s school fundraise. The more helpers, the lighter the load.

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WE'RE STILL WINNING!!
Bendigo Marketplace
Shopping Centre's
RUN AROUND AUSTRALIA 2013

<table>
<thead>
<tr>
<th>Rank</th>
<th>Participating School</th>
<th>Distance</th>
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<tbody>
<tr>
<td>1</td>
<td>Epsom Primary 35951 km</td>
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<tr>
<td>2</td>
<td>Kalianna School 22681 km</td>
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<td>3</td>
<td>Colbinabbin Primary 14191 km</td>
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<td>4</td>
<td>Kangaroo Flat Primary 14054 km</td>
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<td>Eaglehawk Primary 12969 km</td>
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<td>6</td>
<td>Goornong Primary 9567 km</td>
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<td>St Josephs Primary 8726 km</td>
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<td>Lockwood South Primary 8577 km</td>
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<td>Golden Square Primary 8151 km</td>
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<td>11</td>
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<td>Huntly Primary 4804 km</td>
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<td>14</td>
<td>Maiden Gully Primary 3696 km</td>
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<td>15</td>
<td>Specimen Hill Primary 3569 km</td>
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HAS YOUR MOBILE PHONE NUMBER CHANGED?
If any of your contact details or emergency contact people have changed, the school needs to be informed.

COMMUNITY NOTICES
White Hills Junior Football Club
The U9 team still has a couple of spots left in the team for season 2013. If your child is interested in playing, or you would like further information, please contact the club at: whjfc@gmail.com

William with his Grandfathers medals at Bendigo Anzac Day service.

Asthma and Complementary Therapies

Complementary or alternative therapies are becoming increasingly popular in Australia, and many people seek out complementary remedies to support their health. As with any health condition, if you or a family member have asthma and are considering using complementary therapies, we strongly advise that you communicate with your doctor about your asthma treatment. They may even be able to suggest safe therapies to try! It is equally important to communicate to any complementary therapists about your asthma so that they can avoid treatments that are known to potentially make ones asthma worse.

Complementary therapies considered safe for asthma are: exercise programs, vitamin D, low-salt diet, some Chinese herbal medicines, some Indian (ayurvedic) herbs, music therapy, tai chi, buteyko (breathing technique).

Complementary therapies considered potentially unsafe for asthma are: inhaled salt (small risk of a fungal respiratory infection), echinacea, bee pollen or royal jelly (propolis), and products containing aspirin.