

Task 1: Reading

Watch the following BtN Clip about Social Media Anxiety.

<http://www.abc.net.au/btn/story/s4349664.htm> (The video is on Ms Ward's blog)

Answer the following questions in full sentences in your book:

1. What was the main point of the BtN story?
2. Complete this sentence. A recent report has found that social media is making a lot of teenagers feel...
3. Some teenagers feel like they are missing out on things they see on social media. Give an example.
4. Why did Essena quit social media?
5. How did she feel about the photos she was posting on social media?
6. Essena was often paid to promote brands and products using social media. True or false?
7. How can young people feel better about what they see on social media?
8. What do you think young people can do to have a more positive experience on social media?
9. Brainstorm the advantages and disadvantages of social media.
10. What do you understand more clearly since watching the BtN story?

Task 2: Maths – Cartesian Plane

Complete the **2** Cartesian Plane worksheets. (This is on Ms. Ward's blog)

Task 3: Mindfulness - #dis moment

Create a page in your homework book, that reflects all the special **#dis** moments you've had this year!

Remember a **#dis** moment is something you're grateful for. You might want to include a collage, photos, artefacts etc.

BE CREATIVE!!!