Students are supervised between the hours of 8.50 am and 3.45 pm

Welcome back for Term 3

It is a pleasure to welcome students and staff back for the start of term 3. All look well rested and ready for another great term.

Election Day BBQ

A big thank you to all who supported our Election Day BBQ at the school. As a result of your efforts we managed to raise $729.65 for our school. Fantastic!

Working Bee

Thanks to all those who helped out with our mini working bee on the Wednesday prior to Election Day. With so many people visiting our school to vote it was great to have our school looking terrific.

Grounds Works

Many will have noticed the great work the arborists have done on the trees in our playground. Some dead and potentially hazardous trees have been removed and others that were overhanging and banging on roofs and walls of buildings have been pruned. Our school grounds are really looking great, even though they are very very wet!

Sporting Schools

Our Sporting Schools Program will begin in week 3 of this term. We will be running Basketball on Tuesday afternoons, Table Tennis on Wednesday afternoons and Volleyball on Thursday afternoons. To make things even more interesting, all three of these sports will be featuring in the Rio Olympics which commence on August 5th.

Ladies Night Out

Nyora Primary School Parents and Friends are holding a Ladies Night Out fundraiser. They will be seeing the hilarious comedy Bad Moms on Wednesday 17th August at Leongatha Stadium 4 Cinema. Tickets are $20.00 and include supper with all profits going to help our school. A separate flyer was sent home this week and further information is available at the office. It should be great fun.

Interviews

As part of our school’s assessment and reporting cycle, we will be holding Parent/Teacher interviews on Thursday 21st July. Students should have brought an appointment notice home earlier this week. These need to be returned by Tuesday 19th July so that we can confirm interview times.

Mick Hussey
Principal
CAR PARK—Pick Up
In the interests of the safety of our students, parents are reminded that 4WD vehicles should not park in the angle parking area at the front of the school. The large size of these vehicles can obscure students view of traffic causing safety concerns. These vehicles should either park across the road from the school or use the loop road in the recreation reserve. Also in the interests of student safety, all pedestrians should leave the school via the smaller pedestrian gates and not the double vehicle gates in the school driveway.

School Visitors
A reminder that all visitors to the school must report to the office. They will then be asked to “sign in” and be authorised with a Visitors Badge. They should also “sign out” before departing. This will ensure that emergency management and student and staff safety requirements are met.

Tiqbiz
If you haven’t got the Tiqbiz app on you smartphone yet, it is available at the App store or Playstore.

Uniform Shop
We currently have a good supply of uniforms on hand.
- Double knee track pants - sizes 6 to 14
- Polo Shirts - short sleeve Gold & Navy
- Windcheaters
- Long Sleeve Polo - Navy only - limited to Size 6, 8, 10 (6 of each size)
- Shorts
Nyora Primary School
Thanking Our Community Partners

LANG LANG

IGA
Supports the school throughout the year, by supplying breakfasts for different activities and fruit for our Fresh Fruit Wednesday Fruit Platter Program.

Lang Lang Community Bank
Providing funding for multiple projects through the annual Community Grants Program.
Local Bulk-billed counselling services in Poowong
Nikole Charlton provides ongoing counselling to people needing support at the Maternal and Child Health Centre in Poowong. Services can be accessed by anyone living in the local and surrounding communities, children, adolescents and adults.

Issues we can help with include: Depression, Anxiety, Bereavement, Family Conflicts, Relationship problems, Phobias, Panic Disorders, Life crisis, Psychosis, Sleep Problems, Post-traumatic stress, Adjustment issues.

Sessions are fully bulk billed with no out of pocket costs to you. To access this support simply visit your local GP and ask for a Mental Health Care Plan. Once this is written contact Nikole on 0419 699 965 to make an appointment.

You can help change a young life for the better.
And you don’t have to be a superhero or a social worker to do it. You just need to be someone who is willing to care for – and care about – children.
If this sounds like it may be you and you would like more information on becoming a foster carer.
Please contact Lindsay Jarvis 5120 2000 lindsay.jarvis@quantum.org.au
Chaplains Corner
Welcome to Term 3
I hope you all managed to enjoy a good rest over the break.
As a parent of three primary aged children myself, I can relate to how challenging the parental role can be. After all, we did not go to university to learn how to become a parent but often we replicate how we were parented ourselves. Unless we are introduced to a new way of mothering or fathering, a certain cycle of behaviour will most likely continue. Don't get me wrong, all parents are just trying to do the best that we can but I believe that there is evolving research that can guide us to how we may do things a little better.

I love reading about different ways on how I can parent my children better and a little while ago I gave some tips on parenting that I thought spoke to me as a fellow parent and co-worker in developing the next generation.

Here are some further ideas I thought might interest you. These ideas have come from the Institute of Learning and Development entitled '50 Ways to Bring Out Your Child's Best'.

1. Let your child discover his/her own interests. Pay attention to the activities your child chooses as this free play can say a lot about where their natural talents lie.
2. Expose your child to a variety of experiences to activate what you may not have seen evident before. In Integrated Studies the older kids have learnt about the Multiple Intelligences - Word (reading), number/reasoning (maths & logic), picture (drawing/creativity), body (sport), rhythm/singing), people (relational), self (self-awareness/confidence) and nature (animals/gardening) Smarts. The theory says that some abilities may be more innate than others. Its important to acknowledge and praise what they are good at and discover how other areas may be developed further together. When I introduced this concept to my children I found that alleviated comparing themselves with others and helped them to see what 'they are' instead of focussing on 'what they are not'.
3. Give your child permission to make mistakes. If they have an expectation to do things perfectly, they will most likely be too fearful to take risks therefore limiting the discovery of new talents and hindering their ability to be resilient, bounce back and persevere.
4. Listen to your child without criticism or judgement. The things your child cares about may be cues on their special talents but they may give up if there is a feeling of being evaluated or scrutinised.
5. Play with your child to show your own sense of playfulness. A negative self-esteem develops because of an absence of positive experiences. Serotonin found in anti-depressants is a feel good hormone that can be created naturally. Do things that make you laugh and have fun together as a family.

POOWONG & DISTRICT AMATEUR BASKETBALL ASSOCIATION

NEW SEASON BEGINS AUGUST 1ST
OPEN TO EVERYONE BORN 2009 OR EARLIER

http://www.foxsportspulse.com/assoc_page.cgi?c=0-10295-0-0-0

REGISTRATIONS ARE OPEN FOR NEXT SEASON & CLOSE ON JULY 13.
INFORMATION & REGISTRATION ARE AVAILABLE VIA THE ABOVE LINK, OR CALL CLINT NEWCOMBE, 0488 592 240