

Dinner table Manners

❖ Always be polite

- Thank the chef whether he or she is a relative or not.
- Thank the chef for the meal whether it's fantastic or not.

❖ Try and eat everything on your plate

- Unless you are full
- Don't say "Yuck" or "why did you put that *thing* on my plate.
- " **When I Just can't eat something** this is what I do, I put it to the side of my plate or try the new or "yuck" food

Do some of those rules/manners tonight, and start with the first but remember to do them all.