

## PhD Completion Seminar

The University of Melbourne

### **Community Health Workers in Integrated Mental Health Care for Perinatal Depression in Surabaya, Indonesia**

**Presenter: Endang R. Surjaningrum**

**Supervisors: Dr. Ritsuko Kakuma, A/Prof. Harry Minas,  
Prof. Anthony Jorm.**

**Tuesday 12th December, 9.30am-10.30am  
Room 405A, Level 4, 207 Bouverie Street**



Endang is a clinical psychologist and a staff member of the Faculty of Psychology at Airlangga University in Surabaya, Indonesia. She holds a Master Degree in Community Psychology from Victoria University. Her experience in dealing with patients in the community has led to her research interest in developing resources in the community to improve mental health care and in scaling up mental health services that are acceptable and accessible to the wider community.

Despite the high prevalence of depression among pregnant and postpartum women, mental health services for those groups are not available in Indonesia. Policies suggested community health workers (CHWs) to take part in identifying perinatal depression. The thesis aimed to examine the possible role for CHWs in integrated mental health care for perinatal depression identification in Surabaya, Indonesia. Perceptions of stakeholders of primary health care were explored using a qualitative approach. The results showed that the role was perceived as feasible and acceptable and some advice was given regarding the characteristics and competencies required for CHWs to carry on the task. The implication of the findings towards the improvement of the integrated mental health care in primary health care was discussed.