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hile sitting on a coach on my way back from Bright to Melbourne, my mind was still captivated by the lush green mountain ranges and the warm sunshine that squeezed through the sealed glass windows of the vehicle. There was a hint that the newly declared pandemic could make some changes in the way things have been happening, but I had not noticed any significant change in the high alps of Victoria. The reality did not hit me until I entered the Coles at Southern Cross station after arriving back to Melbourne. Though I was after some fruits to immediately satisfy my hunger, my eyes could not help but notice the empty shelves in the store and a sense of panic with which people rushed across them. With the infamous toilet paper memes I was looking on my phone last night, my mind immediately started to assess if I also needed to store essential supplies. Thankfully, my hunger got in the way and avoided me to shop out of panic and compulsion. After picking up what I came for, I boarded a train towards the place I call home here in this foreign land. The next few days unfolded the lifestyle that I was supposed to adapt for an indefinite amount of time. The terminology of “social distancing” became quite popular quickly but I preferred the nomenclature rather being “physical distancing”. Being at home, I was connected socially to everyone – family, friends, supervisors, YouTube content creators, you name it. The termination of daily commute to the university allowed me to utilize that time for things I haven’t pondered on much before. Things that I wanted to do when “I would be free”. Within the cuboidal space I pay a hefty rent for, I explored the deep meditative states through yoga, setup a small studio-like setup for product photography, cleared out an area designated for home-based workouts. This made me realise that we are firsthand witnessing a kind of world what probably even our grandfathers didn’t. I feel more blessed than concerned about it, others might disagree. While it is true that nobody knows whether there would be a permanent solution for this situation anytime in the coming months, but as a race, we must adapt to survive, like we have been doing for ages.