



## RUGBY 2019: FIELD ALLOCATION FOR WEEK 3 OF RUGBY

(Monday 1<sup>st</sup> April – Thursday 4<sup>th</sup> April)

<b>Activity</b> 6.30am	<b>Monday</b> 1/4/19	<b>Tuesday</b> 2/4/19	<b>Wednesday</b> 3/4/19	<b>Thursday</b> 4/4/19	<b>Friday</b> 5/4/19
<b>Weights - HC</b>	<b>Opens 1st/2ndXV</b>	<b>Opens 3<sup>rd</sup> /4<sup>th</sup> XV</b>	<b>U/15s</b>	<b>Opens 3<sup>rd</sup> /4<sup>th</sup> XV</b>	
<b>College Fields AM</b>	<b>U/15s Conditioning</b>	<b>U/16s conditioning</b>			

<b>Field</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wed</b> 2.50-4pm	<b>Wed</b> 4-5pm	<b>Thursday</b>	<b>Friday</b>
Riverglade Reserve			<b>Opens 1<sup>st</sup>/2<sup>nd</sup> XV</b>	<b>Opens 1<sup>st</sup>/2<sup>nd</sup> XV</b>	Term	
No 2	<b>Opens 3<sup>rd</sup> /4<sup>th</sup> XV</b>	<b>Opens - Squad 3 (Year 11s)</b>	<b>Opens 3<sup>rd</sup> /4<sup>th</sup> XV</b>	<b>Opens 3<sup>rd</sup> /4<sup>th</sup> XV</b>	Ends	
No 3	<b>16s</b>	<b>15s</b>	<b>16s</b>	<b>15s</b>	at	
No 4	<b>16s</b>	<b>15s</b>	<b>16s</b>	<b>15s</b>	5pm	
College A	<b>14s</b>	<b>13s</b>	<b>14s</b>	<b>13s</b>		
College B	<b>14s</b>	<b>13s</b>	<b>14s</b>	<b>13s</b>		
College C		<b>Opens - Squad 2 (Year 12s)</b>	<b>Opens - Squad 2 (Year 12s)</b>	<b>Opens - Squad 3 (Year 11s)</b>		
College E						
Scrum Machine At the Park	<b>U15s Front Row B to G</b>		<b>3.00-3.30pm 3rds XV/4ths 3.30-4.00pm U15s A/B</b>	<b>4.00-4.30pm U16s A/B</b>		

<b>Activity</b> Afternoon	<b>Monday</b>	<b>Tuesday</b>	<b>Wed</b> (3-4pm)	<b>Wed</b> (4-5pm)	<b>Thursday</b>	<b>Friday</b>
<b>Gym session 1 - HC</b>	<b>U15s</b>	<b>U16s</b>	<b>Opens 1st/2nd XV</b>	<b>Opens 1st/2ndXV</b>		