Dear Families, Students and Staff,

A sincere, warm welcome back to Holy Family Catholic School. A particular greeting to the children and families new to Holy Family:

Jayden Adams, Lucas Adams, Ezekiel Agullana, Deng Ajak, Nicole Amale, Ishaan Aravind, Aaliyah Baggendorf, Natasha Baggendorf, Jayden Basco, Claire Brown, Alyssa Burns, Jasmine Buttar, Caitlin Cavanagh, Crista Charles, India Crabb, Khushi Dave, Shirley Davies, Ashmeen Dhillon, Bella Doan, Kevin Doan, Kelly Doyle-Butler, Shannae Dykes, Alexia Eljoudi, John Foat, Kaleb Francis, Herman Gaoteote, Alphonsa George, Henry Giles, Saihajdeep Gill, Angus Goddard, Portia Grasso, Zarii Gray, Jeian Guerrero, Katrina Huynh, Avleen Kaur, Jashandeep Kaur, Amber Kelly, Patrick Keogh, Aarav Kundu, Caroline La, Sienna La Bella, Rojun Lanuza, Dennis Le, Jason Le, Liam Le, Hannah Lim, Kimzar Lim, Isaac Malsawmtluanga, Joseph Mang, Javeiria Mohammadi Mosawee, Jayden Mok, Chris Ngawn, Anna Nguyen, Linda Nguyen, Mia Nguyen, Nina Nguyen, Thaison Nguyen, Sarah Par, Kimaaya Patel, Luka Petrov, Kathy Phung, Van Siang Piang, Kaiden Rawatxay, Alex Reed, Carter Reed, Olivia Riggall, Gurekamdeep Sandhu, Yianni Saridakis, Bassim Shabibi, Sukhpreet Sidhu, Vanessa Sieng, Joshua Signore, Socheata Sim, Sonarita Sim, Gurnoor Singh, Olivia Solomon, Tane Taiapa, Gei Hung Thang, Gei Sing Pai Thang, Tyson Tong, Phuc Tran-Nguyen, Jaanpreet Virk, Mia Walters, Tristan White, Olivia Wilkins, Talyn Wilkinson, Kimberley Williams-Cook, Naomi Zenebe

Some Gentle Reminders:

- Children must wear the correct Summer Uniform and only wear the Sports Uniform on their PE Days
- Children must be under supervision of adults at all times. Yard Duty begins at 8.30am, if they arrive earlier they need to attend OSHC
- If you can’t collect your child by 3.10pm, they need to go to OSHC
- Please use the Kiss and Drop Zone and don’t drop off your children in the car parks or park in Disabled Zones … it is illegal
- Please don’t walk on the driveways, use the footpaths, don’t walk in our out of the vehicle driveway exit gates.
- Ask you children about the “specks of Gold” in their day…they will know what you mean
The Laptop Program

This program is making enormous contributions to the learning of your children, they are using the machines carefully and responsibly. We are noticing a renewed focus on learning and an independence to take control of their own learning. Sometimes to get more responsibility you need to give more trust.

I spoke to the children today at Assembly about the risks of using laptops too much. I asked them to ensure they spend some time running around. I think if we are true to our beliefs that each child is an “intelligent citizen from birth” The children are permitted to use them in the breaks and I have asked them to ensure that they maintain a balance at school and home.

The teachers have promised to provide fitness activities which increase the heart-rate every day hopefully. The teachers are the gatekeepers of the classroom program and they will ensure that there is a balanced program of screen time and activity. Let’s give the children the chance to use the laptops responsibly.

The world is changing rapidly and we need to allow children to develop self-regulation skills without us making decisions for them.

At home, it is really important that you monitor their use and ensure you can see their screen at all times. Children should not use their laptops online in the bedrooms. Let’s keep everyone Cyber Safe.

I will keep a regular eye on student use of laptops in the breaks and if I see a problem emerging I will let you know.

KERRY WHITE
PRINCIPAL
Feast of Saint John Bosco

On Tuesday, January 31st, the Catholic Church celebrated the Feast of Saint John Bosco.

Saint John Bosco was born in Piedmont, Italy on August 16th, 1815. When he was 2 his father died and from a young age John supported the family working as a shepherd. The local parish priest educated him and recognised that John possessed an excellent memory, dry wit and thirst for knowledge. In 1835 he entered the seminary at Chieri and after six years of study was ordained a priest.

In 1841 he begun educating boys on the streets in Turin and the number grew from one, a ragged urchin to four hundred by 1846. His instruction included taking them for walks on Sundays, where they would sit down in local holiday spots eating lunch and listening to music. Later he organised a band playing brass instruments. In 1844 in Refugio he began night classes where boys from the factories flocked to be educated after work. A year later the first Salesian home was built and in 1868 a church.

In 1888 there were 250 houses, of the Salesian Society, 1300 children and 18,000 apprentices throughout the world. He was made a saint in 1934.

Catholic Encyclopaedia

Mass, Liturgy and Morning Prayer
Year 7 Mass, Thursday, February 9th 11.30, Centre
2JH, Liturgy, Tuesday, February 2nd, 9am, Classroom.
R/1AM, Morning Prayer Thursday, February 2nd, 9am, Classroom.

Salisbury Weekday Parish Mass Times

All Masses Saint Augustine’s Church, Commercial Road Salisbury
Tuesday, Wednesday, & Thursday - 8:00am
Friday - 9.30am
5th February 2017 (Year A)
5th Sunday in Ordinary Time

CALL TO HOLINESS

Dear Friends,

“It is not those who commit the least faults who are the most holy, but those who have the greatest courage, the greatest generosity, the greatest love, who make the boldest efforts to overcome themselves, and are not immediately apprehensive about tripping”- St. Francis de Sales

It goes without saying that as priests, we receive many individual prayer requests from a good number of people. Praying for someone is something we are happy to do, and prayer is something we take very seriously. It is at the very centre of our lives. However, in many cases, the person making such a request of me will follow it up with a remark somewhere along the lines of: “You're closer to God than I am” and I am thinking “No way”.

Heart of Salesian spirituality is the Universal Call to Holiness. I have seen many who despair thinking that holiness is not possible for them. St. Francis de Sales (1567-1610) reminds us that all persons, no matter what their state in life, occupation or specific vocation, is called to holiness. In his spiritual classic Introduction to the devout life (Part I, Chapter 3) he makes it clear that devotion (his term for the pursuit of holiness) is not tied to a specific station in life. In a letter to a Christian exasperated with his lack of progress in holiness he once wrote, “Be patient with the whole world, but, above all with yourself. I want to tell you not to lose your serenity because of your imperfections, and always to have the zest to raise yourself up. It gives me joy to see each day you begin again. There is no better way to finish life well than to return to the starting point always and not ever to think that we have done enough.

St. Francis de Sales suggests that devotion must be practiced in different ways by the nobleman and by the working man, by the widow, by the unmarried girl and by the married woman; for the practice of devotion must be adapted to the strength, to the occupation and to the duties of each one in particular. Francis tells that it is not proper for a Bishop to live like a monk and for married people not to be concerned about their finances. He calls this kind of devotion (if it ever happens) ridiculous. In fact, if devotion ever works against, or is inimical to, anyone's legitimate vocation and calling, then it is very definitely false devotion.

True devotion makes your family cares become more peaceful, mutual love between husband and wife more genuine and our work, no matter what it is, more pleasant and agreeable. May I invite you all to holiness in and through your chosen vocation and career.

With Love and wishing you all God’s Best,

Fr. Shibu Jacob Msfs
The Catholic and State Schools Swimming Carnival is coming up. If your child is interested in participating we will be holding a number of trials leading up to the Swimming Carnival. Students are required to attend all trials if they wish to be selected. All trials will be held from 7:45am to 8:30am at the Parafield Gardens Swimming Centre, Corner of Kings and Martins Road.

We request that children be dropped off and picked up by an adult from the pool.

Please note: Students must be able to successfully swim 25m and dive confidently.

The details of the trials as follows:

First Trial - TUESDAY 14th of February Week 3
Second Trial - TUESDAY 21st of February Week 4
Third Training - TUESDAY 28th of February Week 5
Fourth Training - TUESDAY 7th of March Week 6

Thanks for your support

Lisa Roberts and Leanne Cooymans
Sports Coordinators
Schools of Fish Program

As mentioned in our last newsletter for 2016 we will be establishing our own Fish Farm and Aquaponic Garden. We can’t do this without your help. We have listed below some resources we require. If you can help with anything on the list please bring to the front office. Thanks in anticipation. What an exciting project for our students and community.

Requirements/ Equipment

Water Quality

<table>
<thead>
<tr>
<th>Pura Tap</th>
<th>6 -10 marine grade buckets</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 x 2 litre juice bottles (Golden Circle)</td>
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<tr>
<td>Ki Bio Media 2 L or a box full of foam noodles</td>
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<td>Ph testing kit</td>
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<td>Nitrate testing kit</td>
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<tr>
<td>Nitrite testing kit</td>
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<tr>
<td>2 L tap conditioner</td>
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<tr>
<td>Fish Aquarium all sizes</td>
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</tbody>
</table>

Water infrastructure

| High pressure pvc off cuts or lengths  |                                        |
| High pressure pvc fittings 90 degree bends |                                      |
| Both 19m and 15 m                       |                                        |
| Rubber one way grommet                 |                                        |
| 4 ¾ spa valves                         |                                        |

Electrical Systems

| Air pumps (large capacity) aquarium category |                                        |
| Air pumps (smaller capacity) aquarium category |                                      |
| Back up energy systems (back up battery system for water pump in case of power failure) | |
| Arduino (computer plug sensor)              |                                        |
| Lights 3 UV lights                          |                                        |

Plant materials

| Coriander seed packets and other herb varieties |                                        |
| Growing containers                              |                                        |
| IBC’s or HDPE tubs 200 ltr x20                  |                                        |
| Media Blue metal or volcanic stone / scoria    |                                        |
| Wooden pallets (strong) X 10                    |                                        |
THE BAND OF THE SA POLICE

The Band of the South Australia Police has two “School Beat Bands” whose function is to entertain and educate Primary aged students.

The two “School Beat Bands” present a 35-45 minute performance which includes music from well known television shows and movies. Incorporated into the show are police safety messages, ranging from small wheeled vehicle road safety, personal safety, emergency phone numbers and internet safety.

The 8 piece group incorporates instruments such as Brass, Woodwind and Percussion.

This band will be visiting Holy Family for TWO performances on Tuesday 7th February!

YEAR LEVELS WILL ATTEND PERFORMANCES IN THE HALL AT THE FOLLOWING TIMES:

Yrs R-4 – 10:00-10:45am
Yrs 5-7 – 11:30-12:15pm
CONGRATULATIONS

Riya Singh (one of our students) was identified through the Gymnastics SA High Performance Program as a child that possesses many physical qualities of a potential high performance gymnast. We would like to congratulate Riya on being selected and on behalf of the Holy Family Community offer our support and wish her every success. Well Done Riya!

Go for Gold Riya!!
Playgroup at Holy Family Catholic School

Come and join us!

Holy Family now offers playgroup for children aged from 0-5 years old. Our playgroup is based on the principles of continuity, transition and pathways for children and their families. Stay and spend the morning with your little one watching them play and learn and build friendships and social skills in a safe and supported environment.

Who: Everyone is welcome to join playgroup, you don’t need to have children attending the school.

When: Thursday mornings 9:00am - 11:00am

Where: Holy Family OSHC room

What to bring: Water, hat, fruit and a gold coin donation

For enquiries and bookings call 8250 6616 or email kelly.johnston@holyfamily.catholic.edu.au
UPCOMING P&F MEETINGS

February 7th 2017 @ 2pm

The P&F meetings are open to all parents who wish to be involved in school activities, fundraisers and volunteering.

Many Thanks P&F committee Brooke, Betty, Janelle, Luisa, Julie, Stephen, Hong & Adam

Welcome to 2017. The year ahead will be filled with wonderful events and activities. We look forward to all your support and ideas.

Please join us on Feb 7th at 2pm for our first P&F meeting to discuss the year ahead and how we can make a difference to our children’s school year.

Welcome - First Day - Meet & Greet

• 30th January 2017 8.30am

Meet & Greet for all the Families of the new receptions starting in 2017. We will be serving coffee and tea and helping you with any enquiries so that your child’s First Day is wonderful.

Held in the St Francis Courtyard

THANKYOU P&F and VOLUNTEERS FOR ALL YOUR HELP

Looking forward to 2017.
The Canteen is open in the morning from **8.30am to 9.15am**.

Alternatively you can order using the QKR App. Using the App means you can order the day before or even earlier. It is convenient and easy to use. Refer to the picture on your right for instructions.

**NOTE:** The App can also be used to pay excursions, OSHC and uniforms.

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### Healthy Recess

**Plenty of choices available**

- **FRUIT**: Choose from a variety of fresh options.
- **CHEESE**: Delicious dairy delights.
- **SULTANAS**: Sweet and nutritious.
- **FRUIT SALAD**: Fresh and refreshing.
- **CRACKERS**: Perfect for a quick snack.
- **VEGGIE STICKS**: Healthy and crunchy.
- **COCONUT BALLS**: A tropical treat.
- **DIPS**: Complement your snack with these condiments.

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Would **YOU** like to learn an instrument?

If your child is in year 1 or above, then they are able to learn an instrument at school. Information and enrolment booklets are available now; you can pick up a copy from the school office, Music teacher or Music blog. Please return them as quickly as possible as instrumental teachers have already begun planning their timetables and waiting lists may apply. *Please note that continuing instrumental students still need to complete an enrollment form for this year.*

You may like to choose one of the following - violin, recorder, drums, singing, flute (subject to enrolment numbers), saxophone, classical guitar, piano or keyboard. (Year ones may only choose from the instruments in bold.)

This is the main intake for the year. Don’t miss out on giving your child the gift of music. Enrol now!
**PARENT INFORMATION EVENINGS** | Monday 6th February and Tuesday 7th February *(check with your teacher for specific day)*
---|---
**SHROVE TUESDAY** | Tuesday 28th February
---|---
**5% DISCOUNT ON FEES CUTOFF** | Tuesday 28th February *(end of day)* - last chance for 5% discount on your full year’s fees
---|---
**ASH WEDNESDAY** | Wednesday 1st March
---|---
**PUBLIC HOLIDAY (Adelaide Cup)** | Monday 13th March
---|---
**PARENT / TEACHER INTERVIEWS** | Monday 3rd April to Thursday 6th April
---|---
**SPORTS DAY** | TO BE CONFIRMED
---|---
**LAST DAY OF TERM 1** | Thursday 13th April
---|---
**PUBLIC HOLIDAY (Good Friday)** | Friday 14th April - NO SCHOOL
## PARENT INFORMATION NIGHTS 2017

**MONDAY 6 FEBRUARY**  
**OR**  
**TUESDAY 7 FEBRUARY**  
6PM TO 7PM

<table>
<thead>
<tr>
<th>Class</th>
<th>Day</th>
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<tr>
<td>2DH</td>
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<td>2JH</td>
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<td>3/4SM</td>
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<td>5/6PA</td>
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<td>6/7JW</td>
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<td>6/7NB</td>
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<td>6/7RG</td>
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<td>R/1TB</td>
<td>MONDAY</td>
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**CRECHE AVAILABLE**
## Assemblies

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Presenting</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Leaders</td>
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<tr>
<td>Week 2</td>
<td>5/6DE and 5/6IB</td>
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<tr>
<td>Week 3</td>
<td>5/6PN and 5/6E</td>
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<td>Week 4</td>
<td>3/4MJ and 3/4KC</td>
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<td>Week 5</td>
<td>3/4CM and 3/4BH</td>
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<td>Week 6</td>
<td>6/7RG and 6/7JW</td>
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<td>Week 7</td>
<td>6/7NB and 5/6MN</td>
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<td>Week 8</td>
<td>Harmony Day Assembly</td>
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<tr>
<td>Week 9</td>
<td>Sports Day</td>
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<tr>
<td>Week 10</td>
<td>5/6PA and 3/4DP</td>
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<tr>
<td>Week 11</td>
<td>Good Friday</td>
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<table>
<thead>
<tr>
<th>Term 2</th>
<th>Presenting</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Leaders</td>
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<tr>
<td>Week 2</td>
<td>2RS and 2JH</td>
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<td>Week 3</td>
<td>2MP and 2HJ</td>
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<td>Week 4</td>
<td>R/1JM and R/1RV</td>
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<td>Week 5</td>
<td>Mission Week</td>
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<td>Week 6</td>
<td>R/1GC and R/1TB</td>
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<td>Week 7</td>
<td>R/1AM and R/1MS</td>
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<td>Week 8</td>
<td>3/4MC and 3/4SM</td>
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<td>Week 9</td>
<td>R/1EC and R/1MR</td>
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<tr>
<td>Week 10</td>
<td>Music</td>
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</tbody>
</table>
***** SAFETY *****

**PEDESTRIAN CROSSING:** Can you please ensure that you cross the road using the pedestrian crossing. We have seen some students and parents running across the road in-between traffic. This is extremely dangerous when there are cars driving in all directions and visibility is poor. Please set the right example and use the pedestrian crossing which is supervised by staff.

**CAR PARK:** Our car parks are set up with one way in and one way out. Please enter the carpark via the entrance near the roundabout. DO NOT do a right hand turn from Shepherdson Road into the carpark (as shown on the map). This blocks the traffic and creates congestion, frustration and danger. It is easier and quicker to drive down to the roundabout, go around and then enter the car park using the slip lane.

**DROP OFF ZONE:** When entering the car park to use the drop off zone please make sure you use both sides of the car park (as shown by the yellow lines). This will keep the traffic off the road and alleviate congestion on Shepherdson and Martins Roads. If you are in the front side of the car park please allow cars from the far side to merge into your lane for the Drop Off Zone. Let’s work together as a Community and help keep everyone safe.

**UNIFORM SHOP OPENING TIMES**
The uniform shop is open at the following times:
Monday       8.30am to 9.30am
Wednesday    2.30pm to 3.30pm
Thursday     8.30am to 9.30am

All students should be in their summer uniform and MUST wear a hat when playing.

**MEDICATION**
It is school policy for all medication to be kept in the sick room (located near student reception). A medication plan signed by your doctor should also be provided for any medication required by a student throughout the day whether long term or short term. This includes but not limited to panadol, nurofen and antibiotics. This policy is enforced to ensure your child takes the correct dosage at the correct time which is logged by our staff and to prevent other students from taking medication which could be harmful. A medication plan is also required for any child that may be incontinent. Your assistance and understanding on this matter is greatly appreciated.
At Credit Union SA, we understand there’s nothing like owning your own home.

We can help you make that house your home with this great rate and features:

- **No application fee** – save $600
- **Unlimited fee-free additional repayments**
- **No monthly or annual fees**

Hurry, a rate this great can’t last long!
Talk to us about your home loan today.

**Call your School Community Representative**

Northern area
Dimitri Carapetis 8202 7673

Southern area
Mark Kohler 8202 7675

or visit creditunionsa.com.au

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**Children’s Savings Account Special Offer**

Available until the end of Term 4

*This offer is limited and can be withdrawn at any time. All bonuses will be paid into the Children’s Savings Account within 7 days. This offer is available to new members only.*

**Opening Bonus**

$50

**Extra Bonus**

Up to $150

**Talk to your School Community Rewards Representative**

Dimitri Carapetis
0457 201 376

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Lending criteria, conditions and fees apply. Available on new owner occupied loans of $150,000 or more. *The comparison rate is based on a $150,000 secured loan over 25 years. WARNING: The comparison rate is true only for the example given and may not include all fees and charges. Different terms, fees or other loan amounts might result in a different comparison rate. Interest rate is subject to change. Credit Union SA Ltd | ABN 36 087 651 232 | AFSL/Australian Credit Licence 241066 | Credit Union SA Centre, 400 King William Street, Adelaide SA 5000.
SUNDAY
Feb 12th, 2017.
Neils Green
(end of Brown
Tce Salisbury)
From 11am.

All past, present future
players welcome.
Ages 6-16, girls and Boys

For more info contact:
Sam Rimmer
0431 033 061
Rimmer.secretarysfc@gmail.com

Meet the Coach/Rego Day
Players and coaches, sausage sizzle, fun and games,
bouncy castle, register on the day, club merchandise
available.
Sunday 5 March, 12-2pm
OPEN DAY
Desalyne Dancers - Semaphore

The Desalyne Dancers conduct classes in Jazz, Ballet and Tap Dance on Thursdays from 3:30pm to 4:30pm in the school hall.

This class is for children aged from 6 years to 10 years.

Further information is available on FaceBook - Desalyne Dancers or contact Des Wyatt by email ddwyatt@bigpond.com or Phone 0418 830 545