

THE FRIENDS' SCHOOL

CO-CURRICULAR HANDBOOK

2019



PURPOSE AND CONCERNS

The Friends' School is a coeducational Quaker school based on fundamental values such as the intrinsic worth of each person, the recognition of 'that of God' in everyone, the desirability of simplicity and the need to establish peace and justice.

As a learning community, we are concerned for the academic, cultural, physical, social, emotional and spiritual development of each person in our care.

We seek to help our students develop as people who will think clearly, act with integrity, make decisions for themselves, be sensitive to the needs of others and the environment, be strong in service and hold a global perspective.

We believe that these aims can best be achieved with the active support of all members of our School community.

TABLE OF CONTENTS

PURPOSE AND CONCERNS	I
TABLE OF CONTENTS	II
INTRODUCTION	6
SPORT	7
Sport Policy	7
Guidelines	8
Registration	8
Selection Procedures	8
Uniform	9
Sponsorship	9
Sports Council	9
Costs	10
Sport Co-Curricular Activities	10
Athletics	10
Australian Rules Football (AFL)	11
Badminton	11
Basketball	11
Cricket (Boys)	12
Cricket (Girls)	12
Cross Country and Fun Runs	12
Equestrian	12
Hockey (Boys)	12
Hockey (Girls)	13
Netball	13
Orienteering	13
Rowing	13
SATIS moratorium TBA	14
Sailing	14
Soccer (Boys)	15
Soccer (Girls)	15
Surfing	15
Swimming	15

Tennis (Boys)	16
Tennis (Girls)	16
Waterpolo	16
MUSIC	17
Major Concerts and Music Events	17
Residency of the Kettering Piano Quartet	17
Amnesty Battle of the Talent	18
Music Stage Crew	18
Composition Club	18
Music Representatives	18
Respect for Rehearsal Environment	19
Music Ensemble Rehearsal Times	20
Music Ensembles - High School / Clemes	22
Friends' Camerata	22
High School Chamber Strings	22
Clemes Chamber Players	22
School Wind Ensemble	23
Intermediate Band	23
High School Stage Band	23
Clemes Combo Group	23
Year 7/8 Choir	24
Bella Voce Choir (Female Vocal Ensemble)	24
Man Choir (Male Vocal Ensemble)	24
Marimba Ensembles	24
Adult Marimba Ensemble	25
Chinese Music Ensemble	25
Year 7 -12 Guitar Ensembles	25
Music Theory Classes	26
SERVICE	27
Service Opportunities	27
Amnesty International	27
Landcare	27
One World Group	27
High School Service Committee	27
Button Selling and Door Knocking	28
Clemes Service Committee	28

Relay For Life	28
ENRICHMENT AND EXTENSION	29
Outdoor Education - Year 10 Tassie Icon Tour	29
Outdoor Education - Year 10 Weekend Program	29
House Drama	29
Shakespeare Club	30
Showstoppers	30
High School Student Mentors	31
Debating	31
Mathematics Challenge for Young Australians	31
Ceramics	31
Textile Art	31
Makers Club	31
Chess	31
International Club	32
Aviation	32
Art Club	33
Woodwork Club	33
Writing Competitions	33
Public Speaking	33
Readers' Cup	33
Da Vinci Decathlon	34
Animation Club!	34
Community Yoga	34
AWARDS	35
Sport Awards	35
Open Colours and Junior Colours	35
Blazers	35
Certificate of Merit	35
Sport Certificates	35
Music Awards	36
Half Colours - Years 7 to 12	36
Full Colours - Years 9 to 12	36
Rock Bands	37
Music Certificates - Years 7 to 12	37

Drama Awards	38
Full Colours	38
Half Colours	38
Certificate of Merit	38
Drama Certificate	38
Service Awards	39
Full Colours - Years 10 - 12	39
Half Colours	39
Certificate of Merit	39
Service Certificate	39
Debating Awards	40
Blazer	40
Full Colours	40
Half Colours	40
Certificate of Merit	40
Debating Certificate	40
Public Speaking Awards	41
Full Colours	41
Half Colours	41
Private Tuition and After School Classes	41
Duke of Edinburgh Award	41
Vocal, Instrumental and Music Theory Tuition	41
Gym Classes for Teenagers	41
Friends' Health & Fitness	42



INTRODUCTION

In keeping with our Purpose and Concerns Statement, The Friends' School Co-curricular Program provides a range of valuable educational experiences for students from Years 3-12 in addition to those provided by the School's formal curriculum.

This booklet explains and gives details of the arrangements and timing for co-curricular activities offered to students in Years 7 – 12 as well as identifying the staff members responsible for coordinating each activity.

The co-curricular activities are broadly grouped and described under the headings of Sport (key contact John White), Music (key contact Paul Radford), Service (key contacts Karina Churchill in the High School and Sandra Brooks at Clemes) and Enrichment and Extension (key contact Tim Whelan).

School awards for participation and achievement are presented in those co-curricular activities which are accepted as School activities and are described under the section heading of Awards. A section at the end of the booklet gives details of a range of individual activities and courses that are offered as private tuition for which additional fees are charged.

We encourage all students to participate in at least one sport (but no more than two at any one time) and to take part in some musical, dramatic, cultural and service activities. Each student from Year 7-12 is encouraged to undertake at least 10 hours of School or community service each year. We ask parents to assist their child or children in maintaining a sensible balance between their academic and co-curricular commitments.

A member of staff acts as the coordinator for each activity to deal with the general organisation and communications involved.

The success of our co-curricular program depends on the support, skills and services of parents, particularly in the sporting area and we ask that parents offer some assistance where possible. Parents will also need to consider the commitments they are making for themselves, along with their child's involvement. Please contact the nominated activity staff member or the key contact for all general enquiries.



SPORT

Key Contact – John White, Head of Secondary Sport

Sport Policy

Recognising that sport is part of the Australian way of life, The Friends' School provides girls and boys with opportunities to participate in a variety of social and competitive sports in accordance with the *Purpose and Concerns* of the School.

We believe that sport assists students in the development of:

- physical fitness and a healthy lifestyle
- an understanding and appreciation of game skills and strategies
- self-esteem and a desire for personal excellence
- lifelong social and recreational skills
- values such as honesty and integrity, justice, commitment and responsibility.

We encourage students to:

- enjoy participating in sport at the level of their social and physical ability
- be competitive, co-operative and sporting in their endeavours
- aim for personal and team excellence
- take pride in representing the School in sporting events.

While participation in sport is voluntary at The Friends' School, we expect a high level of commitment from students in their chosen sports. We encourage parents to support the School's policy and guidelines for the conduct of sport and to assist with School sport.

Students will be asked to register their interest in becoming involved in a particular sport on Sports Registration days. After registration, students and parents will then be asked to commit to involvement in their chosen sport by signing a commitment form. This then enables the appointed coordinator to plan, nominate teams and arrange appropriate coach appointments as well as nominate teams in appropriate rosters.

The School asks students and parents to adhere to their commitment. However, if a student wishes to withdraw from a sporting pursuit, a recommendation from the coordinator for that sport will need to be endorsed by the Head of Secondary Sport before the student will be permitted to join an alternate sport.

We remind all students and parents that all School activities are encompassed by the School's Harassment Policy:

The Friends' School is strongly committed to being a safe, supportive environment, which respects the rights of the individual and acknowledges each person's responsibility to the School Community. This is a reflection of our Purpose and Concerns which states that the School values "the need to establish peace and justice" and being sensitive to the needs of others. Harassment threatens the safety, peace and justice of our School environment and will not be tolerated.



Guidelines

The School provides a range of team and individual sports with the aim to provide continuity from year to year as well as a diversity of activities. Sports are offered according to the interests of students and the availability of parents, staff and resources to support them.

Sports currently offered for Years 7-12 by the School include:

Athletics	Badminton	Basketball
Australian Rules Football		Cricket
Cross Country and Fun Runs		Equestrian
Hockey	Netball	Orienteering
Rowing	Sailing	Soccer
Surfing	Swimming	Tennis
Waterpolo		

Where a sport is not offered by the School, students are encouraged to participate in other community or club teams and the School will, if possible, assist in providing access to these.

Students are encouraged to regularly check the SATIS website for rosters and ladders – go to: <http://www.satis.com.au>

Registration

Students are required to register for sports prior to team entries into competitions being made. Students are expected to limit their participation to no more than two sports at one time to prevent problems with over-commitment and fair access to resources.

Registrations are held in the High School and Clemes at which students are given information about the equipment, training, uniform and the commitment expected.

Students who register for a particular sport will receive an information letter and commitment form. The CareMonkey form must be signed by both parent and student by the specified date. If forms are not returned, students will not be able to participate in their sport because teams cannot be finalised until the forms are returned.

Parents are expected to assist with the transport, training or management of any sport in which their child is involved. Every effort will be made to find experienced coaches for all teams. Teams cannot be entered if there is no appropriate adult supervision.

Selection Procedures

The School aims to provide opportunities for all students who wish to play in a team to do so at the appropriate level. A strong emphasis of the sports program is to provide all students with opportunities for skill development, with modified rules adopted where appropriate.

The principles of fair play and teamwork are taught and encouraged from primary up to Year 12. By emphasising and promoting these principles, the aim is to ensure that they are learnt at an early age and good sportsmanship is carried throughout the student's schooling.

From Year 7 onwards, team selection procedures vary from sport to sport. We endeavour to provide opportunities for students to experience success in a team appropriate to their year group, level of development and skill. Where there are two teams that are entered in the same division in a particular sport, the teams will be selected on an even basis. Where teams are entered in different divisions, teams will be selected according to the student's level of development and skill. In some cases, due to restrictions on team numbers, not all students will be able to play their sport of first



choice. Students who are late in registering for a sport will be unable to join if team numbers are already at the required quota. Late registrations will only be considered for teams who have positions available and do not displace other students.

Selection in teams is made by the coordinator, in consultation with coaches and the Head of Secondary Sport. Team selections for swimming, athletics and cross-country will be based on performance at training and other nominated occasions and will be made by the staff coordinator in consultation with the coach and the Head of Secondary Sport.

Other team selections of all those registered will be made by the Staff Coordinator, in consultation with coaches. The team squad normally includes some extra members to ensure that a viable team can be fielded for each match.

The number of extra members will depend on factors such as the number of registrants and the number of teams that can be formed. In general terms the principle of fairness will apply to the selection for roster matches where those who show team commitment have equal participation. In finals, selection will be based on ability as well as team commitment.

Unless exceptional circumstances exist, as decided by the Head of Secondary Sport, only students from Years 10-12 will be invited to attend selection trials for 1st teams. Consideration will be given to the safety and social development of students, with priority given to older students where skill levels are comparable. All other students will play in their particular year or age group competition as designated by the relevant staff coordinator.

The School has a strong commitment to team sport. We expect the students to share that commitment. If a student makes a commitment to a team sport, it is expected that the commitment will last for that roster unless exceptional circumstances exist.

If a student has made a commitment to a School team, their first obligation is to play for the School in that sport including regular attendance at training. Where a student withdraws from a team to which they are committed, the student may be suspended from further participation in School sport for a period of time.

Uniform

Students must wear the correct sports uniform when representing the School. Details of the uniform required for specific sports carnivals are available in the School uniform booklet and in correspondence to parents prior to major competitions.

Sponsorship

Sponsorship of School teams must be in accord with the School's sponsorship policy. It is essential that the School be consulted before any form of sponsorship is considered.

Sports Council

The School Sports Council includes staff and student representatives from Clemes and High School. The aim of the Sports Council is to foster and encourage participation in school sport by:

- presentation of sports awards to recognise achievement in School sport
- providing a forum for students to have significant input into sport in the School, to have their opinions valued and to gain greater understanding of how and why things are done
- assisting at end of season functions.



Costs

Registration fees for the sports and other co-curricular activities outlined in the Co-curricular Handbook are included in the School fees. This levy also provides for some match equipment (balls, nets). Students are expected to provide their own personal equipment and uniform, transport (other than School teams attending intra-state matches and carnivals) and entry fees to pools and sports centres.

Optional sporting activities such as triathlons, coaching clinics (e.g. for soccer and hockey), personal training opportunities (e.g. for tennis) or inter- or intra-state tours are on a user pays basis.

For information of a general nature, please contact John White (Head of Secondary Sport), on 6210 2200.

SPORT CO-CURRICULAR ACTIVITIES

Register at start of Term 1 for:

Swimming Squad Y7-12	Surfing Y7-12	Girls Soccer Y7-12
Boys Basketball Y7-10	Sailing Y7-12	Orienteering Y7-12
Boys 11/12 Cricket	Girls Tennis 1sts, 2nds, 3rds	Boys Tennis 1sts, 2nds, Y9-10
Boys AFL Y7 - 12		

Register in March for:

Badminton Y7-12	Boys Soccer 1st, 2nds	Equestrian Y7-12
Netball Y7-12	Hockey Y9-10	Water Polo Y7-12
Girls AFL Y11-12		

Register in May for:

Boys Soccer Y7-10	Boys Basketball 1sts
Girls Basketball 1sts, Y7-10,	Girls AFL Y8-10

Register in August for:

Boys Cricket Y7-10	Rowing Y7-11	Boys Tennis Y7-8
Girls Tennis Y7-10	Sailing Y7-12	

Athletics

The School athletics team competes in the Southern and State SATIS Carnivals in September. Squad training sessions start in late August.

Carnivals: Y7-12 House Thursday 22 August, SSATIS 10 September, SATIS 21 September

Uniform: Navy athletics shorts or bike shorts and School athletics top.

Lyn Welch, Kaitlyn Fassina, Matt Dixon, Jane Barling, Tim Whelan



Australian Rules Football (AFL)

SSATIS roster

Squads must have a minimum of 24 players before a team can be entered.

Boys Y9-10 Tuesday 4.15pm from Term 1- 26 March to 21 May , Y7-8 Wednesday 4.15pm from 27 March to 22 May

Girls 1sts Season Term 2: Wednesday May 8 - June 12

Girls Y7-10 Term 3: from 4.15pm Tuesday 6 August - 17 September

Uniform: Playing strip School football jumper, navy shorts and navy/ red sports socks

Playing tops will be available to hire from the Uniform shop.

John White, Mark Allen, Steve Barratt

Badminton

Season: May to August.

Clemes rosters Wednesday 4.00pm, at South Hobart Badminton Centre.

High School rosters Friday 4.00pm.

Uniform: School polo top and navy shorts/skirt. School trackpants.

Peter Appleton, Steve Brown, Dana Hutchinson (High school)

Brenda Winning, Nicola Anderson (Clemes)

Basketball

SSATIS rosters

1st and 2nd Grade 4.15pm and 5.15pm

Girls - Term 3 August-September Thursdays

Boys – Term 3 July-September Wednesdays

High School rosters 4.15pm and 5.15pm.

Y7 and Y8 Boys Term 1: February-April Tuesdays

Y9 and Y10 Boys Term 1 February-April Wednesdays

John Hoggart, Esther Hoggart,

Y9 and Y10 Girls Term 3 August-October Mondays

Y7 and Y8 Girls Term 3 August-October Wednesdays

Uniform: School navy basketball shorts, School singlet top - available to hire from the Uniform shop.

Georgia Park, Lou Giudici, Lynne Males (Coaching Coordinator)



Cricket (Boys)

SSATIS roster

Senior Wednesday 4.15pm 20/20 format

Season: February-April

High School 20/20 format 4.15pm.

Season: October to November.

Y7-Y8 Tuesday, Y9-Y10 Monday

Uniform: School polo top, navy shorts and/or School track pants. Hats or cricket caps should be worn.

The School supplies a complete set of equipment but as students progress up through the School it is expected that they should purchase and look after their own equipment.

Paul van Tienen, John White

Cricket (Girls)

Term 1 : SSATIS roster Y7 - 10 February to March, Thursday from 4.15pm

Ludmila Vitesnikova

Cross-Country and Fun Runs

The School team competes in the Southern SATIS Carnivals in early June and the Tasmanian All Schools in early July. Selections are based on performances at the School Cross Country Carnival. Individual athletes/teams compete in selected Fun Runs.

Uniform: School navy shorts/bike shorts and School athletics top.

John White, Lyn Welch, Anthony Petty

Equestrian

Teams compete in the Inter-School Horse Trials in Term 1 and other events as advised. Riders need their own horse/pony with associated equipment, which must include boots and approved helmet.

Uniform: School rugby top and jodhpurs.

Amy Harris

Hockey (Boys)

1st and 2nd Grade weekdays at the Tasmanian Hockey Centre (THC) as rostered

Season: Terms 2: Fridays from 4.15pm May-June

High School - Midweek as rostered at THC.

Y9/10 Term 2: Tuesday from 4.15pm May - June

Y7/8 Term 3: Tuesday from 4.15pm Aug - September.

Uniform: School polo top, navy shorts, School hockey socks.

1st team – School navy shorts, School hockey socks, top supplied by School



Stick, ball, boots, shin-guards, mouthguard are essential.

Amy Harris, Karina Potter

Hockey (Girls)

1st and 2nd Grade weekdays at Tasmanian Hockey Centre (THC) as rostered.

Season: Term 2 on Thursday from 4.15pm

High School - as rostered at THC.

Season:

Y9/10 Term 2 - Div 2A Wednesdays, Div 2B Mondays May - June,

Y7/8 Term 3 - Div 3A Thursdays, Div 3B Mondays Aug - September.

Uniform: School polo top, navy skirt/shorts, School hockey socks.

1st team – School hockey socks, uniform hire at School shop

Stick, ball, boots, shin guards and mouthguard are essential.

Katharine Podmore, Sandra Wiggins, Julie Inman

Netball

SSATIS rosters

1st Grade: Monday at 4.00pm or 5.00pm at Moonah Stadium TBC

2nd Grade: Monday 4.00pm and 5.00pm at Moonah Stadium and school courts TBC

Season: Term 2 May - July

Y7-10 Term 2 May-August

High School rosters

Y7 and Y8 Monday 4.00pm, 4.15pm or 5.10pm

Y9 and Y10 Tuesday 4.15 or 5.10pm

Uniform: School polo top, School navy skirt, white sports socks.

1st team – skirt hire from Uniform shop.

Michelle Henshaw, Trish Menadue

Orienteering

Interschool competition Wednesday from 4.00pm.

Season: Terms 1 during daylight saving time.

Uniform: School polo top, School navy shorts/tracksuit.

Yvonne Woodward



Rowing

Open and U16 rowers

Season: Rowers compete in club and School regattas from October to April.

Junior rowers

Season: Late October – April Junior regattas November and December

Competition season November - April. Head of the River 23 March LBI. Tasmanian All Schools Regatta 16 & 17 March LBI.

Training: any of the following - after School, before School, weekends.

Levies for the 2018/19 season: \$450.

Uniform: Open - U14 School rowing zoot suit, U13 - red polo top, navy shorts.

Friends Rowing Website: <http://friendsrowing.wixsite.com/friendsrowing/about-us>

Peter Gibson, Jeremy Rackham

SATIS Moratorium

Summer: Saturday 22 December 2018 to Friday 11 January 2019 inclusive.

Easter Friday 19 April to Monday 22 April.

Sailing

The school enters teams in the Yachting Australia-Tasmania Term 1 and 4 roster.

Term 1 Roster: Years 7-12

Term 4 Roster: Years 6-12

Division 2 to sail on Tuesdays 4-6pm

Division 1 to sail on Wednesdays 4-6pm

Equipment: sailing gear to be supplied by students.

All sailors are invited to apply for selection for the States regatta in April.

Selections for subsequent National and International regattas depend upon results from the State regatta.

Main Regatta Dates:

States: 6 and 7 April

Nationals: 7-10 June

Interdoms: 13-17 July

All regatta's are at Sandy Bay Sailing Club

Expressions of Interest to apply for the school Match Racing team will be called for in December. As this team involves a small number of students only students who have current experience in Match Racing and sailing either Elliott 6's or SB 20's will be eligible.

Amanda Sargent



Soccer (Boys)

SSATIS rosters

1sts Thursday 4.15pm, 2nds Tuesday 4.15pm

Season: Terms 2 and 3 June-August

High School rosters

Y9 and Y10 Wednesday 4.15pm

Y7 and Y8 Thursday 4.15pm

Season: Term 3 July-September.

Uniform: School polo top, School navy shorts, School soccer socks.

1st team - School soccer socks, soccer top and shorts supplied by School which can be hired from the uniform shop.

Boots, shin-guards and mouth guards required.

Sam Norton, Adam Shaw, Thomas Van Sant, Jason McDonald

Soccer (Girls)

SSATIS rosters

1st and 2nd Grade rosters - Wednesday 4.15pm

Season: Terms 1 and 2 February-May

High School rosters:

Y7 and Y8 Tuesday 4.15pm

Y9 and Y10 Monday 4.15pm

Season: Term 1 February - May

Uniform: School polo top, School navy shorts, School soccer socks.

1st team - School soccer socks, soccer top and shorts supplied by School which can be hired from the uniform shop.

Boots, shin-guards and mouth guards required.

Jane Smith, Hannah Warwarek, Shaun O'Rourke, Ina Johnson

Surfing

The School team competes in the Tasmanian All Schools One Day Championships Monday 18 March in Term 1.

John White & Lauren Stranger

Swimming

The School swimming team participates in the Southern SATIS and State SATIS Carnivals in March. Squad training sessions Tuesday and Thursday morning at Friends' Health and Fitness start in early February. All students are encouraged to attend.

Carnivals: Y7-12 House 9 February, SSATIS Wednesday 13 March, SATIS Tuesday 26 March



Uniform: School bathers. School cap supplied for carnivals.

Hamish Hall (Coach), Kaitlyn Fassina, Lauren Stranger, John White

Tennis (Boys)

SSATIS rosters

1st Grade Tuesday 4.15pm

2nd Grade & 9/10 Monday 4.15pm

Season: Term 1 February - March.

Season: Term 4 October-November: Y7/8 Wednesday 4.15pm

Uniform: School polo top, School navy shorts, white sports socks.

Racquet and hat required.

Annabelle Woods , Julia Waterworth (Clemes)

Jen Fearn, Paul Goodluck (High School) David Tunbridge (Coaching)

Tennis (Girls)

SSATIS rosters

1st and 2nd Grade, Thursday 4.15pm

3rd Grade, Monday 4.15pm

Season: Term 1 February-April

High School rosters

Y7/8 Tuesday, Y9/10 Thursday, 4.15pm

Season: Term 4 October-November

Uniform: School polo top, School navy skirt, white sports socks.

Racquet and hat required.

Lyn Tunbridge, Stacey Prior (Clemes)

Lisa Byrne, Lindy Gannon (High School), David Tunbridge (Coaching Coordinator)

Waterpolo

Hobart Aquatic Centre from 6.00pm

Rosters

Clemes Girls and Boys Friday

Y7-10 Girls and Boys Friday

Season: Terms 2 and 3 May-August

Cost of approximately \$95 per student includes pool entrance fee. This levy will be added onto the student's school account fees.

Uniform: School bathers required. Water Polo cap supplied by the school.

Joe Cairns, Joni Chuter, Martin Bower



MUSIC

Key Contacts – Paul Radford, Head of Music, and Cheryl Bain, Music Administrative Assistant

The Friends' School offers an extensive and varied co-curricular music program, catering equally for students with significant prior experience and those participating in an ensemble for the first time. Information about the School's ensembles is provided below. Students are strongly encouraged to participate in more than one group.

Minimum numbers are required before ensembles become viable and in some instances there are prerequisites for group membership.

The success of an ensemble is determined by the commitment and skills of its members. It is therefore important that students are reliable and whole-hearted contributors of their chosen group(s). Regular attendance will be a prerequisite for performing, and in the event of unforeseen clashes with other co-curricular activities, such as seasonal variation of sporting commitments, a student's prior commitment to their music ensemble should be honoured.

Unless otherwise indicated, students will be required to wear formal uniform at all performances. This includes the School blazer, and:

- Girls – Skirt or grey trousers, white shirt, navy tights (if wearing a skirt) and black school shoes
- Boys – Long grey trousers, blue shirt and tie, black school shoes.

Students are representing the School when performing, so will be expected to display appropriate behaviour at all times.

Contact information for staff coordinating each of the ensembles is provided below. For information of a general nature, please contact Paul Radford, Head of Music, on 6238 2383 or Cheryl Bain, Music Administrative Assistant, on 6238 2396.

Major Concerts and Music Events

A full list of dates of music performances and events for 2019 may be found here: <https://goo.gl/XHoVKp>. This is a live document and will be updated as the year progresses.

Residency of the Kettering Piano Quartet

We are delighted that during 2019 the [Kettering Piano Quartet](#) will once again be a resident ensemble at the School, performing in The Farrall Centre and working with a number of our music groups and students. It will be a privilege and delight for our students to work with such fine musicians.

More information about the activities of the Quartet will be provided throughout the year. For now, please note the dates of the two public performances to be held in The Farrall Centre, which Friends' students may attend free of charge:

- Public Concert - Sunday 7 April, 2pm
- Public Concert - Sunday 1 September, 2pm.



Amnesty Battle of the Talent

The annual Amnesty Battle of the Talent is an opportunity for rock and other contemporary-styled bands to perform, supported by a fully equipped sound and lighting system. The date of the 2019 Amnesty Battle of the Talent is **Friday 21 June**. It will be held in The Farrall Centre, commencing at 6pm.

Rock and contemporary musicians are also encouraged to participate in other performance events as they occur. Additional information will be provided when available.

Students performing in a rock band are encouraged to make contact with [Dave Wilson](#), Resident Contemporary Musician for 2019. Dave will be able to help bands with rehearsals and performance opportunities, as well as assist with preparation for the Amnesty Battle of the Talent.

Music Stage Crew

During 2019 we will again be seeking students to assist with staging our concerts and events. Interested students should notify [Cheryl Bain](#) early in the school year.

Composition Club

The Composition Club is for students wishing to compose music with the assistance of a recognised composer. The only prerequisite is a willingness to compose. It doesn't matter whether students are studying elective Music or how much experience they have had writing music. That said, attending any or all of the sessions below would be particularly beneficial for students specialising in composition at a senior level or composing music for a High School Music class.

The Club will meet on the following days:

- Tuesday 19 March - 4pm to 6pm
- Tuesday 28 May - 4pm to 6pm
- Tuesday 20 August - 4pm to 6pm.

Meetings will take place in The Sheila Given Music Centre. Students wishing to attend but who may already be committed to another music rehearsal at the same time, should first speak to their ensemble director seeking permission to be excused from rehearsal.

The Club is a relaxed and supportive environment for students wishing to write music, irrespective of the medium. Hopefully, some of the works composed in these sessions will feature in School concerts. For more information please contact [Paul Radford](#).

Music Representatives

Each year a boy and girl from Years 9 and / or 10, and a boy and girl from Clemes are elected as Music Representatives. The Representatives meet occasionally with The Head of Music to plan for and assist with School music events, and to provide a student voice in the strategic planning of Music at Friends'.

The Music Representatives are expected to demonstrate significant leadership within the musical life of the School through their involvement in music performance and by supporting the more general activities of the department, such as fundraising and welcoming visiting groups. The Music Representatives are also asked to compere concerts, and are encouraged to attend and contribute to FriendsMusic meetings.

Elections for Music Representatives will take place early in the school year with members of the School's co-curricular ensembles (Years 7 to 12) eligible to vote. Students enrolled in Music as a



curricular subject (Years 8 to 12) may also vote. It is expected that the Music Representatives will be a member of at least one co-curricular ensemble.

Nominations for Music Representatives will be received from Monday 18 February until Friday 22 February. Elections will commence Monday 26 February and conclude Tuesday 5 March.

Respect for the Rehearsal Environment

To ensure that ensemble participants have the best musical experience, the following expectations apply to all rehearsals:

- Arrive in time to start on time
- Stay for the full length of a rehearsal
- Listen while a conductor is talking
- Assist when setting up and packing away rehearsal equipment
- Turn mobile phones to silent and leave them in bags or instrument cases
- Notify ensemble directors of an unexpected absence.



MUSIC ENSEMBLE REHEARSAL TIMES

<i>Morris Music Room</i>	<i>Sheila Given Music Centre</i>	<i>The Farrall Centre</i>
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REHEARSALS BEFORE SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Intermediate Band Marg Reid, Paul Kershna & Tracey Patten 7.30-8.15am <i>Sheila Given Music Centre</i>	Year 8 Marimba Dave Wilson and Konrad Park 7.45-8.30am <i>Sheila Given Music Centre</i>	Year 10 Marimba Paul Radford 7.40-8.25am <i>Sheila Given Music Centre</i>	Year 11/12 Marimba Paul Radford & Konrad Park 7.30-8.20am <i>Sheila Given Music Centre</i>	Morris Band Marg Reid, Suzi Gillespie & Tracey Patten 7.45-8.30am, <i>Sheila Given Music Centre</i>
Year 5 Marimba Kerry Bennett 8-8.45am <i>Morris Music Room</i>	Year 6 Marimba Suzi Gillespie 8-8.45am <i>Morris Music Room</i>	Morris String Ensemble Christine Akerman, David Sanzone & Kerry Bennett 7.45-8.45am <i>Morris Music Room</i>	High School Chamber Strings Christine Akerman, Nick Mercer 7.30-8.30am <i>Sheila Given Music Centre</i>	Year 4 Marimba Kerry Bennett 8-8.45am <i>Morris Music Room</i>
	Morris Majors Choir Kerry Bennett and Paul Kershna 8-8.45am <i>Farrall Centre Green Room</i>		Morris Maestros Choir Kerry Bennett & Paul Kershna 8-8.45am <i>Morris Music Room</i>	

LUNCHTIME REHEARSALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Year 3 Marimba Kerry Bennett & Suzi Gillespie 1.50-2.10pm <i>Morris Music Room</i>		Morris Guitar Ensemble David Malone 11-11.30am <i>Morris Music Room</i>	
	Morris Chamber Groups Christine Akerman and Kerry Bennett 11-11.40am <i>Farrall Centre Green Room</i>			

AFTERNOON REHEARSALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Year 2 Strings Christine Akerman, David Sanzone & Nick Mercer <i>2.10-3pm</i> <i>Farrall Centre Auditorium</i></p>			<p>Morris Minors Choir (Terms 3 & 4 only) Suzi Gillespie & Kathy Fazackerley <i>2.15-3.15pm</i> <i>Farrall Centre Auditorium</i></p>
	<p>Year 3 Strings Christine Akerman, David Sanzone & Nick Mercer <i>3-3.45pm</i> <i>Farrall Centre Auditorium</i></p>			

REHEARSALS AFTER SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Year 5 Band Marg Reid, Catherine Morris, Tracey Patten, Suzi Gillespie <i>3-4pm</i> <i>Sheila Given Music Centre</i></p>	<p>Year 7/8 Choir Kerry Bennett & Kathy Fazackerley <i>4-5pm</i> <i>Morris Music Room</i></p>	<p>Year 9 Marimba Gerard Van de Geer <i>3-3.45pm</i> <i>Sheila Given Music Centre</i></p>	<p>Friends' Camerata Christine Akerman & Nick Mercer <i>4-5pm</i> <i>Farrall Centre Auditorium</i></p>	<p>Year 7 Marimba Paul Radford <i>3.45-4.30pm</i> <i>Sheila Given Music Centre</i></p>
<p>7-12 School Guitar Ensemble Dave Wilson <i>4-4.30pm</i> <i>Sheila Given Music Centre</i></p>	<p>Bella Voce Tamika Crosbie & Iestyn Parry <i>4-5pm</i> <i>Farrall Centre Auditorium</i></p>	<p>Music Theory Classes Kathy Fazackerley <i>3-4.30pm</i> <i>Sheila Given Music Centre</i></p>	<p>Clemes Combo Group Paul Radford <i>4-5pm</i> <i>Farrall Centre Green Room</i></p>	
<p>Wind Ensemble Marg Reid, Catherine Morris, Paul Radford, Danny Healy, Duncan Gillespie, Tracey Patten <i>4-5.30pm</i> <i>Sheila Given Music Centre</i></p>	<p>Man Choir Brett Budgeon <i>4-5pm</i> <i>Farrall Centre Green Room</i></p>		<p>High School Stage Band Marg Reid & Dave Wilson <i>4-5pm</i> <i>Sheila Given Music Centre</i></p>	
	<p>Chinese Music Ensemble Paul Kershna & Monique Gall <i>4-5pm</i> <i>Sheila Given Music Centre</i></p>	<p>TYO Percussion Ensemble Tracey Patten <i>4pm-6pm</i> <i>Sheila Given Music Centre</i></p>	<p>Showstoppers Tamika Crosbie & Brett Budgeon <i>4-5pm</i> <i>Sheila Given Music Centre</i></p>	



MUSIC ENSEMBLES - HIGH SCHOOL/CLEMES

Friends' Camerata

This senior string chamber ensemble is for experienced players of violin, viola, cello and double bass in Years 11 and 12. The focus will be on performing challenging chamber repertoire, either as a larger chamber ensemble or in smaller groups.

More advanced High School string players, and players of wind and percussion instruments, will be invited to join this ensemble as required by the chosen repertoire.

Occasionally the Friends' Camerata may prepare material to perform in conjunction with students in the High School Chamber Strings program. This will depend on repertoire and concert requirements.

This ensemble will work closely with members of the Kettering Piano Quartet during the Quartet's residencies at the School.

Friends' Camerata rehearses Thursdays in The Farrall Centre Auditorium from 4pm to 5pm.

Ensemble Staff: Christine Akerman and Nick Mercer. Contact [Christine](#) for more information.

High School Chamber Strings

This string chamber ensemble is for players of violin, viola, cello and double bass in Years 7 to 10. The focus of the ensemble will be on performing in both chamber groups and as a whole ensemble, depending on performance requirements and the chosen repertoire. It is also likely that there will be occasions for this ensemble to prepare repertoire to perform with the Friends' Camerata.

Players of wind and percussion instruments will be invited to join this ensemble as required by the chosen repertoire.

There is also scope for students playing classical guitar to be part of this ensemble. Please talk to Christine Akerman for details.

We expect there will be opportunity for participants in High School Chamber Strings to work with members of the Kettering Piano Quartet during the Quartet's residencies at the School.

High School Chamber Strings rehearses Thursdays in The Sheila Given Music Centre from 7.30am to 8.30am.

Ensemble Staff: Christine Akerman and Nick Mercer. Contact [Christine](#) for more information.

Clemes Chamber Players

The Clemes Chamber Players is open to all Clemes instrumentalists and vocalists with the focus on forming small, unique ensembles performing less well-known music. The style of music will be mainly classical. Membership can be for the entire year or on a term-by-term arrangement. Rehearsal times are negotiated with the participating students to accommodate their other demands at Clemes.

We expect there will be opportunity for participants in Clemes Chamber Players to work with members of the Kettering Piano Quartet during the Quartet's residencies at the School.

Ensemble Director: Christine Akerman. Contact [Christine](#) for more information.



School Wind Ensemble

The School Wind Ensemble is available to players of flute, oboe, clarinet, bassoon, alto saxophone, tenor saxophone, baritone saxophone, trumpet, French horn, trombone, euphonium, tuba, bass and orchestral percussion. The ensemble consists of students in Years 7 to 12 with at least 2 years' experience on their instrument.

The Wind Ensemble will rehearse Mondays from 4pm to 5.30pm in the Sheila Given Music Centre. Music will be prepared for a variety of performances, including school concerts, eisteddfods and community concerts.

During the rehearsal time students will form a series of smaller groups (brass, percussion, flute, clarinet and saxophone ensembles) and also play as a larger wind ensemble. The proportion of each rehearsal dedicated to smaller and larger groups will vary depending on upcoming performance opportunities.

Ensemble Directors: Marg Reid, Tracey Patten, Duncan Gillespie, Catherine Morris, Paul Radford and Danny Healy. Contact [Marg](#) for more information.

Intermediate Band

Intermediate Band is a group to cater for students with 6 months to 2 years experience on their respective instrument. The focus of this group will be to develop students' ensemble skills through a variety of repertoire. This band is available to players of: flute, oboe, clarinet, bassoon, alto saxophone, tenor saxophone, baritone saxophone, trumpet, French horn, trombone, euphonium, tuba, bass and orchestral percussion. Intermediate Band will rehearse each Monday morning in the Sheila Given Music Centre (High School) from 7.30am - 8.15am.

All students from Years 7 - 12 are welcome.

Ensemble Directors: Marg Reid, Tracey Patten and Paul Kershna. Contact [Marg](#) for more information.

High School Stage Band

The High School Stage Band is available to players of: saxophone, trumpet, trombone, bass, guitar, keyboard, drum kit, auxiliary percussion and occasionally voice.

It is anticipated that in Stage Band one player on each part will be required as a minimum. Repertoire will vary from traditional swing charts through to Latin and rock. This ensemble rehearses Thursdays from 4pm to 5pm in the Sheila Given Music Centre, and will perform at school and community-based events.

During 2019 the High School Stage Band will rehearse at the same time as the Clemes Combo Group to allow both ensembles to occasionally combine. Both will also be involved in [Showstoppers](#).

Ensemble Directors: Marg Reid and Dave Wilson. Contact [Marg](#) or [Dave](#) for more information.

Clemes Combo Group

This flexible ensemble is for experienced Clemes singers, players of lead instruments - such as saxophone, trumpet, trombone (and yes, euphonium!), clarinet, flute and violin - and players of rhythm instruments such as piano, guitar, bass and drums.



The group will play music from a range of contemporary styles, much of which will be chosen and arranged by the ensemble. The ensemble will perform regularly at school events. Therefore, participants will be required to occasionally attend after-hours performances.

The Clemes Combo Group rehearses Thursdays from 4pm to 5pm in the Green Room of The Farrall Centre.

During 2019 the Clemes Combo Group will rehearse at the same time as the High School Stage Band to allow both ensembles to occasionally combine. Both will also be involved in [Showstoppers](#).

Admission to the ensemble is by expression of interest. Therefore interested students should first talk to Paul Radford.

Ensemble Director: Paul Radford. Contact [Paul](#) for more information.

Year 7/8 Choir

This ensemble is available to all students, male and female, in Years 7 and 8, and rehearses on Tuesdays from 4pm to 5pm in the Morris Music Room. The choir explores repertoire from a variety of styles including traditional, contemporary, world music and show choir repertoire, and performs in various concerts both within school and the wider community, and eisteddfods.

In addition to their own performances, the Year 7/8 Choir join choirs from around the state each year to perform in the Festival of Voices *Tasmania Sings* event.

Ensemble Director: Kerry Bennett. Accompanist: Kathy Fazackerley. Contact [Kerry](#) for more information.

Bella Voce Choir (Female Vocal Ensemble)

This ensemble is open to female students in Years 9 to 12, and rehearses Tuesdays from 4pm to 5pm in The Farrall Centre. The choir explores choral repertoire from a variety of styles including traditional, contemporary, world music and show choir repertoire, and performs in various concerts both within school and the wider community, including eisteddfods.

A highlight of the program for 2019 will be Bella Voce's participation in [Showstoppers](#). The choir will prepare at least four music-theatre numbers in conjunction with the Man Choir for inclusion in this event.

Ensemble Director: Tamika Crosbie. Accompanist: Iestyn Parry. Contact [Tamika](#) for more information.

Man Choir (Male Vocal Ensemble)

This ensemble is available to male students in Years 9 to 12, and rehearses Tuesdays from 4pm to 5pm in The Farrall Centre Green Room. The choir explores choral repertoire from a variety of styles including traditional, contemporary, world music and show choir repertoire, and performs in various concerts both within school and the wider community, including eisteddfods.

A highlight of the program for 2019 will be the Man Choir's participation in [Showstoppers](#). The choir will prepare at least four music-theatre numbers in conjunction with Bella Voce for inclusion in this event.

Ensemble Director: Brett Budgeon. Contact [Brett](#) for more information.



Marimba Ensembles

Marimba ensembles are very popular at The Friends' School, so much so that there is an ensemble for every year group from Years 7 to 12. They rehearse at the following times in the Sheila Given Music Centre:

- Year 7 Marimba Ensemble – Fridays 3.45pm to 4.30pm
- Year 8 Marimba Ensemble - Tuesdays 7.45am to 8.30am
- Year 9 Marimba Ensemble - Wednesdays 3pm to 3.45pm
- Year 10 Marimba Ensemble - Wednesdays 7.40am to 8.25am
- Year 11/12 Marimba Ensemble - Thursdays 7.30am to 8.20am

An informal approach is taken to learning repertoire; there is less of a reliance of conventional music notation, and greater use of practices such as playing by ear and improvising. For these reasons the ensembles cater for a variety of levels of musical skill and experience. In fact, no previous musical experience is necessary.

Ensemble Directors: Paul Radford, Gerard Van de Geer, Dave Wilson and Konrad Park. Contact [Paul](#) for more information.

Adult Marimba Ensemble

We plan to once again offer an adult marimba ensemble, directed by Gerard Van de Geer. This ensemble is open to all adult members of the School community and will rehearse every Wednesday from 5.30 to 6.30pm in the Morris Music Room. A start date will be advertised via *What's On* early in the year. For more information, please contact [Paul Radford](#).

Chinese Music Ensemble

This group provides Years 7 to 12 students the opportunity to nurture their knowledge of language and culture as well as hone their musical skills. The ensemble rehearses Tuesdays from 4pm to 5pm in the Sheila Given Music Centre.

The following instruments will be available: Guzheng (Chinese zither), Pipa (Chinese guitar), Erhu (a string instrument), Dizi, Hulusi and Xiao (Chinese flutes), and the Yangqin (Chinese dulcimer). No experience on these instruments is required and local Chinese musicians will work with students to impart the necessary skills. When ready, the ensemble will perform in public and could cooperate with one or more community groups to provide participants with a larger ensemble experience. In the past, the ensemble has performed at the Chinese New Year Celebration, Chinese Mid Autumn Festival and State Chinese Speech Competition.

Ensemble Directors: Monique Gall and Paul Kershna. Contact either [Monique](#) or [Paul](#) for more information.

Year 7 - 12 Guitar Ensemble

This is a relatively new ensemble and is open to all students with existing skill on guitar from Years 7-12. The Guitar Ensemble will rehearse Mondays from 4pm to 4.30pm in the Sheila Given Music Centre and will feature music that is contemporary and popular in nature. There will be opportunity to improvise and play music in a range of contemporary styles, whilst also looking at basic technique.

There is scope to find an alternative rehearsal time if there is one that better suits the participants.



Ensemble Director – Dave Wilson. For more information, contact [Dave](#).

Music Theory Classes

Students wishing to further their music theory skills and knowledge are welcome to join the Wednesday afternoon theory group with Kathy Fazackerley. The group will cover a range of theory topics and the work will relate directly to various AMEB theory grades.

In 2019 we hope to run two theory groups on a Wednesday: one at 3pm and the other at 3.45pm in the Sheila Given Music Centre. This should enable students wishing to be in Year 9 Marimba to also be part of a theory group. It is also possible to attend both classes!

For more information, contact [Kathy](#).



SERVICE

Key Contacts – Karina Churchill (High School)

Students at The Friends' School are strongly encouraged to engage in service activities either through their own community links or through structured service activities and initiatives offered at school. Students are also strongly encouraged to show leadership in service, and are able to approach student leaders and service coordinators for support with new or existing service initiatives.

SERVICE OPPORTUNITIES

Amnesty International

Meets weekly at lunchtime to write letters on behalf of prisoners of conscience. Also carries out fundraising for letter postage.

Kim Rowlands, Maria Vagunda

Landcare

The Landcare group will involve a hands-on approach to environmental action. Possible activities include: native plant propagation and revegetation, as part of the Swift Parrot Rehabilitation Project.

Katrina Munting, Peter Smythe

One World Group

For students interested in how the world is and how they would like it to be, leading to actions for change. Issues such as famine and hunger, the environment, Aboriginal health and land rights could lead to action including support for the Australia-Tibet Council stall at Salamanca Market, taking part in the Climate March, letter writing, displays and exhibitions.

Service Committee Activity

High School Service Committee

This committee is open for students from Years 7-10. The group usually meets once per week during lunchtime to share ideas, where students are encouraged to contribute their own service ideas and to help plan and run service based events both in and outside school hours. Students can learn about upcoming service opportunities and can choose to take on various levels of responsibility for service events. Students can count 20 minutes of each meeting towards a service award if desired.

Karina Churchill, Lisa Arthur, Britta Hartmann



Button Selling and Door Knocking

Students register in pairs to undertake button selling (collecting money for various charities) which takes place lunchtimes on Fridays when required. Students leave Long Tutor or assembly at 12.45pm, meet the supervisor in the High School Office and then walk accompanied to North Hobart to collect for the charity concerned. Students then return to school in time for the beginning of period 5. Students are required to wear full school uniform and may bring their lunch with them. Button selling can be a lot of fun and a good way to interact with the general public. Students can count the time involved towards a service award if desired.

Door knocking opportunities are offered by various charity organisations and student can choose to doorknock with a friend or family member in their own time and count the hours accrued towards a service award if desired.

Both the above activities are conditional upon written consent from parents. Permission letters will be available for each event.

Clemes Service Committee

This committee is for students in Years 11 and 12. Students meet at lunchtime once a week for half an hour to discuss, plan and organise service projects for Clemes. In addition, they work with other sections of the school to facilitate service initiatives that have a whole school theme. The Clemes Student Service Representatives are responsible for the running of the committee, including organising minutes to be taken and distributed to all members. All Clemes students are welcome to join the committee and they are encouraged to initiate, plan and participate in service events that are school based or based in the community. The hours they accumulate can count towards their Service Colours and/or The Clemes Certificate.

Joe Boyer, Andrew Gibson

Relay for Life

Relay For Life is an overnight, community event for thousands of Australians who, relay non-stop as they celebrate cancer survivors, remember those lost, and fight back against the disease by raising important funds. In 2018 the Hobart Relay for Life is on the weekend of 23 - 24 March at the Domain Athletics Centre. Each year Friends' students, staff and parents enter a team, have a lot of fun and raise money for cancer research.

Coordinator: Kate Baldry, Helen Han



ENRICHMENT AND EXTENSION

As well as sport, music and service, the School offers a diverse range of co-curricular activities designed to provide extension and enrichment opportunities for students, particularly in the key learning areas and which typically involve team competition, team challenge or a significant individual or group performance.

Outdoor Education - Year 10 Tassie Icon Program

Students may select from a number of self-sufficient expeditions ranging from five to seven days in duration. Key outcomes include; skill development, exploring self and nature along with developing pathways to future recreation, courses and employment. The programs include: snorkelling and riding on Maria Island (April), sea kayaking to Schouten Island (April), Overland Track (July), and bus supported Hard Top Tour (October).

Michael Francis

Outdoor Education - Year 10 Weekend Program

Students may continue their outdoor development and interest through skill focused challenge programs. Options include: ultralight hazards traverse (May), Winter Skills training at Mt Field (August) and Sea Kayaking and Peak Bagging at Lake Pedder (December).

Tim Whelan

Duke of Edinburgh Award- Year 9 to Clemes

This award is internationally recognised and enables students to develop interests in a wide cross section of activities. The award is available at three levels they being Bronze, Silver and Gold. Each level requires students to complete service, physical recreation, skill development and complete an adventurous journey. The gold award has an additional component where students must complete a multi-week self-directed 'residential project'.

Michael Francis

House Drama - late Term 2 + early Term 3, Years 9 & 10

The biennial House Drama competition will take place on August 2 in Term 3. This is a student run activity and requires the House Captains and or others to lead a team of writers, performers and tech crew to create, write and rehearse an original short performance based on a theme announced in Term 2. All students Years 9 & 10, studying Drama or not, are encouraged to participate. Each House may also need additional students to help with choreography, costuming, lighting and AV.

The final performance will take place during High School Assembly time on August 2 and Best on the Day will be awarded House points. Additional awards include Unearthed New Talent, Best Costumes, Most Original Script and Funniest Moment.

Tammy Giblin, Nicola Collins, Marty Crerar (House Dance will run in 2020)



Shakespeare Club - Year 8 Terms 2 & 3, Year 7 Term 4

Year 8: Terms 2 & 3. An opportunity to be involved in a condensed production of a Shakespearean comedy. The team will meet on Wednesday and Thursday lunchtimes each week and a performance will take place in approximately Week 5 of Term 3. Students will have the opportunity to act, direct and or oversee technical aspects (such as costumes, sound/music and lighting) of staging their production.

Year 7 Term 4. An opportunity to be involved in a condensed production of a Shakespearean comedy. The team will meet three lunch times each week, beginning the first week of Term 4, with the aim to share the production in the last week of the term. Students will have the opportunity to act, direct and or oversee technical aspects (such as costumes, sound/music and lighting) of staging their production.

Tammy Giblin

Showstoppers - Terms 1 & 2, Year 9-12

Showstoppers will be our 2019 Senior Production. We have selected more than a dozen most loved songs from a range of musicals, which will provide ample opportunities for students in the cast to be involved in multiple musical numbers. It will be an evening filled with song, dance, drinks and delicious food. There will also be some solo, duo and small group numbers.

Showstoppers will include students in Man Choir and Bella Voce Choir, along with other interested Year 9-12 students. Some large numbers featuring choir students will be rehearsed on Tuesday afternoon; other rehearsals will be Thursday afternoons from 4-5 pm and Sundays - Term 1: 2 - 5 pm and Term 2: 10-4 pm.

Auditions will be held Thursday 21 February and Sunday 24 February. Students may choose to audition for a singing role or a dancing role or both.

Singing role - students will be asked to prepare two contrasting songs from musical productions of their choice - first verse and chorus. They will need to bring sheet music and there will be a piano accompaniment available. This will be a solo audition.

Dancing role - students will attend a choreography audition as part of a small group.

Singing and dancing role - students will participate in both phases of the audition.

A number of music ensembles will also be involved in the production.

Performance dates are 7 and 8 June at The Farrall Centre. Students will be required for rehearsals 5 and 6 June as well.

High School Student Mentors

Students who feel that they have a particular aptitude in a subject are encouraged to volunteer to be a student mentor. This means feeling able to share knowledge and/or skills with another student who might be looking for some extra support. Students who volunteer are noted and when a suitable 'match' requests help, then they are contacted to make an arrangement to meet with that student. A mentor needs to feel that they can offer about half an hour a week to work with another student, this can be before or after school, a lunchtime or with agreement by all parties, Long Tutor. Any hours spent mentoring may be recorded to be recognised as hours of service.

This co-curricular is available all year and requires interested students to let Beverley Carr (bcarr@friends.tas.edu.au) know and identify what subject/s they can offer.

Beverley Carr



Debating

Inter-School debating competition Wednesday nights 6pm-9pm (please note College roster can extend to 10pm). Weekly lunchtime meetings February to August.

Katie Stanley, Hayley Pickett, Richard Lawler, Yvette Blackwood, Simone Summers, Maddy Walker, Kristi Ellingson

Mathematics Challenge for Young Australians

This program is available to mathematically interested and talented students from Years 7-10. Those involved are likely to have a record of high achievement in their Mathematics courses and/or successful participation in Mathematics competitions. Each participant will be given six problems to solve in their own time over a 4 -week period during Term 1 or 2. Students then have the option to continue with the Enrichment Stage which is a sixteen-week program running between April and September, and to sit the Australian Intermediate Mathematics Olympiad paper in September.

More information from Kathy Bunton

Ceramics

Courses are offered for students who wish to experience working with clay, using the wheel and handbuilding.

Miriam Berkery

Textile Art

Textile Club is available to all students, Years 7-12 and will run after school in the Textiles room. We will explore and play with a wide range of textile art techniques including free motion machine stitching; dyeing fabrics using the sun and snow; distressing fabric with heat, rust, bleach and stitch; embellishing fabric using machine stitching, hand stitching and beading; creating new, unique fabric from scraps; and making and working with felt. Students can also work on individual projects.

Sue Walker

Maker Club

Maker Club allows students to work on projects at the intersection of Design and Digital Technologies. Projects could incorporate physical computing (wearable technology, arduino), 3D printing, robotics and coding. Maker Club will run after school in the Design & Technology classrooms. With some consultation with the teacher, students can have a large amount of free choice in what they intend to make.

Chris Wood

Chess

Chess has been shown to enhance the analytical, critical thinking, and visualisation skills of players, as well as helping to develop patience and planning skills. The Chess Club will meet regularly both at Cemes and High School during a lunchtime. Coaching is available through Black Square Chess Club on one evening per week from 4pm – 5pm. Students may choose to participate in one local Inter-school competition per term as part of a school team. Success at this level can lead to



participation in the Tasmanian State Interschool Chess Championship and the National Interschool Chess Championship.

Pat Lee, Ben Felsted

International Club

The International Club provides an opportunity for all students (local and overseas) to meet socially during the week to discuss life in countries overseas and compare the similarities and differences which exist within the cultures represented at Clemes. Students meet on a weekly basis for lunch and celebrate national days and cultural festivals. Generally it is a time to share our experiences and enjoy the cultural diversity of Clemes. There is also the opportunity for students to go on a weekend camp in Term 1.

Anne Lynch, Justine Ross

Aviation

This course introduces students to the fascinating world of aviation and aerospace. They learn how various aircraft fly and appreciate the technology, skills and support structures that keep aircraft in the air. They also learn about the possibilities available if they wish to consider career options in the future.

There are two courses available.

Introductory Course – students meet once a week and work towards gaining the knowledge to participate in an excursion to Hobart and Cambridge Airports. Basic aerodynamics and aircraft control surfaces are studied along with radio communications and aircraft safety. An excursion allows them to visit Air Traffic Control at Hobart Tower and participate in the pre-flight checks and other activities at Cambridge Airport. If students wish to do a Trial Instructional Flight with an instructor they will experience first hand all the elements discussed in the course.

Advanced Course – this is for continuing students who have completed the introductory course. They continue their flying studies both in ‘ground school’, on simulators and in the air. They also do basic flying of RPA (remote piloted aircraft) and add to their knowledge and understanding with work on pilot navigation, meteorology, radio, air law, engine systems, human factors, aviation history and the Australian aviation environment. These studies provide a solid foundation to the CASA (Civil Aviation Safety Authority) Basic Aeronautical Knowledge examination which is the theory requirement for the PPL (Private Pilots Licence).

Both courses take a broad approach and the various interests of students is taken into account. Aviation is the ultimate STEM subject and brings together in a practical sense many aspects of other subjects studied at school.

It should be noted that there is a cost component for the flying activities.

Marie Burridge



Art Club

Art Club is available to all students, in Years 7-12 and will be running after school. This activity provides an opportunity for students to develop their love of art, explore new skills, or use the time to develop supportive journal material for Art or ceramics.

Alice Bowman-Shaw

Woodwork Club

Woodwork Club will run after school in the Design & Technology classrooms. The focus of the sessions will be for participants to acquire new, or build on existing skills. Projects can be individual or in some cases group work. With some consultation with the teacher, students can have a large amount of free choice in what they intend to make.

Jim Vaughan

Writing Competitions

Many opportunities exist for students to enter a range of writing competitions, from a local or national focus.

Students from the School can enter the City of Greater Dandenong and Dorothea Mackellar competitions, the Central Highlands, Kathy Sussanah Pritchard and Somerset Competitions as well as The Write for Fun competition.

The School also has in-house competitions. The Peter Jones Peace Prize is open to students from Years 7-10. The Jean Yeates Writing Prize is open to students in Years 11 and 12.

English Faculty

Public Speaking

There are several Public Speaking competitions in which students can partake. Students in the High School are eligible to try out for Rostrum Voice of Youth. Year 10 students can also enter the The Mary Stanfield Public Speaking (an in-house event).

The Ray Green Speaking Prize is an annual competition open to students in Years 11 and 12. The winner and runner-up go on to represent the School at Rostrum Voice of youth. Senior students are also eligible to represent the School in the Lions' Youth of the Year.

Sarah Walker

Readers' Cup

Readers' Cup is a competition in which teams of school students read a set of books, then compete against each other, based on their knowledge and interpretation of the books. The aim of Readers' Cup is to encourage all children – not just 'good readers' – to read, and to enjoy what they read. It is also a way to reward enthusiastic readers in the context of a team activity. The Readers' Cup in Southern Tasmania comprises two elements:

- A memory test about the books read by the teams. There are usually approximately 6-8 questions per book.
- A 'creative element' in which each team interprets an aspect or aspects of one or more of the books and presents their interpretation to an audience. Each presentation should last a maximum of five minutes.

Library



Da Vinci Decathlon

The Da Vinci Decathlon is a gala day, run in the spirit of an Olympic decathlon with events of an academic nature. Activities are in the following disciplines: Mathematics, English, Science, Code Breaking, Engineering, Philosophy, Creative Production, Art and Poetry, Cartography and General Knowledge. The tasks are exciting and challenging with a particular emphasis placed on higher order thinking skills.

Katie Stanley

Animation Club!

Animation Club! is a weekly workshop for students in Years 7-10 who would like to develop or refine skills in animation or film making. Support in the use of relevant software or the use of peripheral hardware is provided. No experience is necessary, but creativity and perseverance are essential. Students are encouraged to collaborate on projects using the broad range of software available on School laptops this year, including Premiere, After Effects, Animate and Blender.

Stuart Packwood

Community Yoga

Wednesday morning Community Yoga is held in The Farrall Centre from 7.45am to 8.45am. It provides an opportunity to stretch, breathe and find a moment of stillness. A great way to start the day. Community Yoga is open to any member of The Friends' School community. No experience is necessary; mats are provided and a gold coin donation is gratefully accepted.

Julia Gibson



AWARDS

SPORT AWARDS

Sports awards are presented to students in sports offered by the School, from Years 7-12. The awards that are presently available are:

Open Colours and Junior Colours

Colours will be awarded to individuals who have shown an outstanding level of performance in Inter-school competition, display commitment, sportsmanship and are a positive role model in a particular sport. Service within the sport will be highly regarded. (Open Colours are for Open competition, Junior Colours are for under age competition, starting from Year 8). Further information can be viewed at the Sports awards [nomination criteria](#) or the Seqta Teach home page (See sports awards).

Blazers

Awarded to members of the School's First or Open team who have attended 75% of training and played 75% of rostered games provided the team is playing in an Open roster or its equivalent, or to students representing the School in the Open Division of Interschool Competition at both the SSATIS and State SATIS carnival. (e.g. Swimming).

Certificate of Merit

Awarded to age group champions in House competitions, all Premiership team members and to students who are outstanding in service or performance, or both, but who are ineligible for colours awards.

Sport Certificates

Certificates are also presented to students who reach outstanding levels and make State or National teams within their chosen sport outside the School.

There are also Sports Badges, the pinnacle of sports awards, which are presented to students who gain four Blazers and two Open Colours in one calendar year.

We encourage self-nominations as you are the person who knows your achievements best.

After nominations have been received the Sports Council meets to determine the final recipients.

All nominations need to be completed online.



MUSIC AWARDS

Music Awards are presented to students in the form of Full Colours and Half Colours.

The awards recognise high levels of commitment to Co-curricular Music at the School. They are awarded at the discretion of the Music Staff in response to applications received from students towards the end of the school year.

Half Colours - Years 7 to 12

Half Colours are awarded to students in Years 7-12 who:

- Belong to two or more School co-curricular ensembles at the time of applying for the award and for the best part of the year
- Attend 80% of all rehearsals and concerts for at least two ensembles - there is an additional 10% allowance for explained absences (see below)
- Are punctual to rehearsals and performances
- Provide adequate notice if unable to attend a scheduled performance due to an unavoidable clash of commitments;
- Demonstrate appropriate rehearsal skills
- Regularly assist with ensemble routines such as setting out and packing away rehearsal equipment
- Demonstrate a willingness to develop their musical practice.

Full Colours - Years 9 to 12

Full Colours are awarded to students in Years 9 to 12 who:

- Belong to two or more School co-curricular ensembles at the time of applying for the award and for the best part of the year
- Attend 90% of all rehearsals and concerts for at least two ensembles - there is an additional 10% allowance for explained absences (see below)
- Are punctual to rehearsals and performances
- Provide adequate notice if unable to attend a scheduled performance due to an unavoidable clash of commitments
- Demonstrate appropriate rehearsal skills
- Regularly assist with ensemble routines such as setting out and packing away rehearsal equipment
- Demonstrate a willingness to develop their musical practice
- On at least three occasions in a given year contribute to the musical life of the School by:
 - Providing significant assistance with a School music event
 - Providing tutoring to younger music students
 - Singing as a member of the cast in the School Musical
 - Performing at a School function (soiree, assembly, reunion, busking stage at The Friends' School Fair, external event whilst representing the School, etc.) either as a soloist, member of a small ensemble or a member of a co-curricular ensemble other than for class-based concerts or the music concerts and events listed below

Concerts not included when determining additional contributions for Full Colours:



- Major School concerts and events, such as the June School Music Concert, Marimba Concert, Spring Showcase Concert
- Eisteddfods
- The Friends' School Fair as a member of a co-curricular ensemble.

Performing at these events are part of a student's commitment to an ensemble and therefore do not count as additional contributions when applying for Full Colours, unless the involvement of the student is in some way in addition to playing with their ensemble.

The stated attendance requirements are the minimum requirements. It is not possible to negotiate attendance between ensembles when applying for either Half Colours or Full Colours. For instance 90% attendance at both of two ensembles cannot be substituted for lower attendance across more than two groups.

An explained absence means that the student:

- Provided a minimum of twenty-four hours' notice
- Provided an appropriate reason
- Communicated directly with the staff member assigned to the relevant ensemble when explaining an absence - it is not sufficient for a student to communicate non-attendance via a friend.

Arriving late to, and leaving early from, rehearsals will be considered when determining awards.

The teachers of the respective ensembles will also rate students' rehearsal skills and assistance with ensemble routines. The ratings will be considered alongside attendance records when finalising awards.

Music Theory Group and ShowStoppers

The Music Theory group run by Kathy Fazackerley is considered an ensemble for the purpose of an determining awards.

Participation in ShowStoppers does not count as an ensemble but each performance will count as an 'extra' towards Full Colours.

Rock Bands

Participation in a rock band can count as a school co-curricular ensemble providing the band registers its name with Paul Radford, Head of Music, or Dave Wilson, Resident Contemporary Musician, that it rehearses regularly and that it participates in the annual Amnesty Battle of the Talent.

Music Certificates - Years 7 to 12

Music Certificates are awarded to students for significant achievement in music outside of School, such as receiving a special award or prize as a result of an AMEB examination or eisteddfod performance, receiving a place in a national music competition, being selected for a national songwriting competition or scholarship, or by participating in a national music camp or ensemble (e.g. Australian Youth Orchestra, Gondwana Voices).

Recipients of the annual Mona Chepmell Awards for Instrumental and Vocal Tuition also receive a Music Certificate.

Recipients of Merit Certificates do not need to be eligible for Colours awards.



DRAMA AWARDS

We offer Full Colours, Half Colours and Certificates of Merit for school based events and Drama Certificates, recognising achievement in events outside the school.

Full Colours

Awarded to students in Years 11 and 12 who have contributed a minimum of 80 hours to the School Musical and/or other major School Performing Arts event; as either a performer or member of a backstage crew and who have demonstrated leadership, commitment, initiative and positive ensemble skills. As the Musical is biennial, students may apply for Drama Colours over either one or two years. Students are required to attend a majority (80%) of rehearsals and/or scheduled meetings and have participated/performed to an outstanding standard.

Half Colours

Awarded to students in Years 7-12 who have contributed a minimum of 40 hours to the School Musical, House Drama and/or other major School Performing Arts events. Students are required to attend a majority (80%) of rehearsals and/or scheduled meetings, demonstrated leadership and positive ensemble skills and have participated/performed to an outstanding standard. Students can apply for Half Colours over one or two years.

Certificate of Merit

Awarded to all students in Years 7-12 who have given an outstanding level of commitment and performance to the School Musical, House Drama or equivalent School Performing Arts event but are not eligible for Half or Full Colours. Students are required to have given at least 20 hours service to the Performing Arts over the course of one School year.

Drama Certificate

Drama Certificates are awarded to students in recognition of outstanding performances and/or contribution to events outside of School, such as Eisteddfods, Performance Competitions and/or Community Theatre. These recipients may or may not be eligible for colours awards.

Student, parent/guardian and tutor signatures are required as verification of the information on the application.

The Head of Drama, Drama and Dance staff will review each Award and Certificate application.

Completion of the form is an application for an award and may not necessarily result in the nominated award and/or certificate being given.



SERVICE AWARDS

Students are to be awarded Full Colours, Half Colours and Certificates in recognition of their contribution to service within The Friends' School and the wider community. Students will have to apply to the Service Awards Committee for consideration. The Committee will consist of two student representatives from the High School and Clemes and two teachers from each of these sections of the School.

Students will be encouraged to keep a record of Service activities and once a term they will be asked to update their personal service records. A proforma Service sheet will be issued twice a term and kept by their tutors.

Full Colours (Years 10 - 12)

- Has participated in at least 100 hours of service in any one year
- Has participated in both School based and Community based service. (At least 20 hours is to be spent in both areas)
- Has organised a minimum of between 10 and 15% of their own Service activities
- Has engaged, inspired, organised and led others in Service activities

Half Colours

- Has participated in at least 50 hours of service in any one year
- Has participated in both School based and Community based service. (At least 10 hours is to be spent in both areas)
- Has organised a minimum of 10% of their own Service activities
- Has engaged, inspired or organised others in Service activities

Certificate of Merit

- Has participated in at least 15 hours service over the School year
- Has participated in both School based and Community based service. (At least five hours is to be spent in each area).

OR

- Has made an outstanding contribution to service activities (over 25 hours) in the school or community but who are ineligible for colours awards.

Service Certificate

Has participated in at least 25 hours of community service, with no school-based component



Service activities that have already been recognised such as the Duke of Edinburgh Award can be counted for the Service Colours provided that they are not the only Service activities in which the student has been involved. The Duke of Edinburgh may count at max. 50% of the service award (see Criterion 2).

Service associated with a single event such as 40 hour Famine will be limited to 5 hours towards colours.

DEBATING AWARDS

Blazer

Blazers are presented to members of the School's senior (Clemes debating teams) who have attended a majority (75%) of all scheduled meetings and debates.

Full Colours

Full Colours are awarded to students in Years 11-12 who have contributed a minimum of 25 hours to school debating in any one year. Students are required to have attended a majority (75%) of all scheduled meetings and to have performed at an outstanding standard in one of the School's debating teams. They will have consistently been a placed speaker (1st, 2nd or 3rd) and have been a team member in a team that has reached at least semi-final level in debating competition.

Students will also need to show evidence of team spirit, leadership and service to debating* during the year.

Half Colours

Half Colours are awarded to students in Years 7-12 who have contributed a minimum of 20 hours to School debating. Students are required to have attended a majority (75%) of all scheduled meetings and to have performed at a consistently high standard in one of the School's debating teams. They will have regularly been a placed speaker (1st, 2nd or 3rd) and/or been a team member in a team that reached at least semi-final level in debating competition.

Students will also need to show evidence of team spirit and leadership during the year. Students in Years 10-12 are also required to undertake service to debating*.

Certificate of Merit

Certificate of Merit is awarded to all Premiership team members who have given outstanding performance in School debating but are ineligible for Colours or Half Colours.

Debating Certificate

Debating certificate is awarded in recognition of outstanding performance outside School, e.g. State debating team.

* Service to debating can involve actively participating in hosting the debates as well as coaching younger teams. It is only a requirement for debaters in Years 10-12.



PUBLIC SPEAKING AWARDS

Full Colours

Full Colours are awarded to a speaker in Years 11 or 12 who demonstrates outstanding skill across a range of competitions such as The Ray Green Speaking Prize, Rostrum Voice of Youth, Lions' Youth of the Year, the United Nations Youth Forums and/or Youth Parliament.

Half Colours

Half Colours are awarded to a speaker in Years 9/10 who demonstrates outstanding skill across a range of competitions such as the Mary Stanfield Competition (Year 10), or the Year 9 Public Speaking award, and Rostrum Voice of Youth.

PRIVATE TUITION AND AFTER SCHOOL CLASSES

Duke of Edinburgh Award

This international scheme suits students from Year 9 upwards who would like to participate in physical recreation, service, skill development and adventurous expeditions. Three award levels of recognition are available: bronze, silver or gold. Students completing this award may gain credit to university entrance.

Michael Francis

Vocal, Instrumental and Music Theory Tuition

Individual tuition for voice, a variety of instruments and music theory is arranged through the School.

Information about the tuition program, including a link to the online application form, may be found here: <https://goo.gl/2hP5FP>

All students who have lessons through the School will be expected to be involved in an ensemble, once they have developed an appropriate level of skill, or to elect Music as a subject (Years 8 to 12).

For more information contact the Head of Vocal and Instrumental Tuition, Marg Reid, on 6238 2396 or via email (mreid@friends.tas.edu.au) or Cheryl Bain, Music Administrative Assistant (cbain@friends.tas.edu.au).

Gym Classes for Teenagers

Classes are held in the Friends' Health & Fitness Centre. The course provides for increasing aerobic fitness, supervised use of electronic equipment, pin loaded weights and exercise for strength and endurance.



More details on Teens in the Gym will be published in *What's On*.

Friends Health & Fitness

Friends Health & Fitness is a complex owned and operated by the School. As well as catering for students during timetabled periods and for sports team training, the centre is available for use by all members of the School community. Annual family and individual memberships are available and casual use is also available. The centre consists of a 25 metre six lane pool, spa and steam room, circuit gym, aerobics room and tennis courts.

More information: Belinda Lewis

The School has developed a Privacy Policy in accordance with the National Privacy Principles, to explain how we manage personal information. You can access the policy on our website (www.friends.tas.edu.au) or by contacting the School's Privacy Officer on 03 6210 2200.

