The Leadership Mindset programme
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Leadership, unlike management, cannot be reduced to a set of skills. If anything defines leadership, it is a mindset. The complexity of today’s world calls for leaders who are increasingly aware, inquisitive and agile. Developing such a mindset requires an openness to new perspectives, willingness to acknowledge what has become entrenched and the development of key practices that support effective leadership.
This experiential programme will equip mid-career professionals with the knowledge, ability and confidence to address the complex, intractable challenges of a rapidly changing world. Participants will be supported to grow and evolve their leadership mindset in order to more proactively engage with their organisation's strategic objectives and become more agile in their response to complex issues and opportunities.

Prominent Business School faculty will guide participants through relevant cutting-edge leadership theory, whilst drawing on the specific and tangible contexts of the diverse participant group. Guest practitioners and case studies also help to bring the concepts to life, as participants explore new concepts and practices in a highly interactive learning environment.
The format

The programme is comprised of three, two-day workshops spread over three months.

Learning experiences include:

- Interactive workshops with experienced facilitators and professionals
- Experiential activities
- Engagement with peers across a diverse range of industries and sectors
- Small group discussions
- Access to relevant articles and resources
- Opportunities for real-world application and reflection

Am I eligible?

This programme is ideally suited to:

- Mid-career managers and professionals leading teams, projects or working across networks
- Those who have honed their technical expertise but are now needing to develop their leadership capacity
- Those ready for a step-change in their career pathway
Programme workshops

Workshop One: Identifying the work of leadership
- Connecting with the importance of leadership
- Distinguishing between practical expertise, management and leadership
- Developing new leadership understanding

Workshop Two: Doing the work of Leadership
- Building robust conversations
- Engaging productively with conflict and difference
- Identifying and working across boundaries

Workshop Three: Sustaining the work of leadership
- Leading through change and uncertainty
- Working with meaning and purpose
- Sustaining leadership practice
Programme information

Lead Facilitator

Brigid Carroll is an Associate Professor in the Department of Management and International Business here at the Business School. She has designed, led, facilitated and researched leadership and its development for 15 years and specialises in the mindset and practices of leadership, leadership in contexts of change and uncertainty, and adaptive, relational and collaborative leadership processes. She has worked extensively with private and public sector organisations, professional and knowledge orientated enterprises, and community networks and initiatives.

Brigid will be joined on the programme by a number of guest presenters and leadership practitioners.
Facilitator

Leny Woolsey is Director of Student Leadership Programmes at the University of Auckland and has designed and facilitated leadership development programmes for a number of well-known NZ organisations. Her areas of interest include creative approaches to leadership development, collective and dialogic processes in leadership and expressions of humanity and citizenship in the workplace. Leny holds both an MBA and a PhD from the University of Auckland. The latter investigated the relationships between developers, participants and organisational stakeholders in participatory, arts-based leadership development programmes.

Programme Dates

**Programme One**
- Session One: 12-13 April
- Session Two: 13-14 May
- Session Three: 10-11 June

**Programme Two**
- Session One: 26-27 August
- Session Two: 23-24 September
- Session Three: 28-29 October

Programme cost: $5,500 per person
What our participants say

Gary Boyd, NZ Post

The programme truly changed my mindset as to what leadership can be in a workplace but also any other context. It has really improved my self-awareness as a leader, whilst facilitating my ability to ask better questions, take on more difficult issues and connect more fully with purpose.

“Leadership Mindset is an absolute must for everyone. I’ve been to many professional training courses, but this has been the best. It’s engaging, participatory, thought-provoking and hands-on.”

Ed Hendrikse, Manurewa High School

Jessica Pearless, Paragon Matter

As co-Director and key decision maker of my own company, the Leadership Mindset programme has empowered me to lead with confidence from within my business as well as outwardly into the wider creative sector. It is a course with up to date theory, where learning is firmly situated in a series of practical applications, enabling real life application of the knowledge acquired.

“I found the course hugely valuable. It gave me a much broader and more inspiring view of what leadership is about. The course material was very interesting and I appreciated hearing from the thoughtfully chosen guest speakers.”

Sally Wheeler, Ministry of Justice
Executive Education’s approach to leadership development is distinct from mainstream leadership thinking. Our mindset programmes target the specific behaviours and practices that contribute to effective leadership. This practice approach, coupled with an appreciation for relational and contextual elements, enables programme participants to develop the capabilities and habits that will foster more agile, responsive leadership.
For more information or to discuss this opportunity further, please contact:
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