

### COVID-19 Research Impact

This unprecedented time will impact all of us. If your research will be impacted, for example not meeting deadlines or agreed deliverables, fill out this [form](#). The University will then work with you and the funder to try and find a solution.

In the case that your research is specifically related to COVID-19 fill out this [form](#).

This will register you as essential research/personnel if approved.

### Coffee Mornings



This month's coffee morning will **NOT** be taking place. We encourage you to organise your own coffee morning with some post-doc friends. Be creative and send us snaps of your lockdown coffee :)

### COVID-19

This newsletter comes to you from a very different location in a world that feels dramatically different than it did when writing the last newsletter. The FMHS PDS hopes all of its members have found a safe and comfortable place to lockdown in the next while.

Working from home and in this environment will present challenges, but as researchers we are all trained to face challenges and overcome them. However, we know that we can not do this alone so make sure you are staying in contact with your 'team'. Both in the sense of your work team as well as your personal life team.

Make sure you are taking regular breaks, getting outside (in a safe manner), staying in contact with people, reaching out for help when it gets tough, and trying to have a laugh.



*"Be calm, be kind, stay at home"*

- Jacinda Ardern -

For the university's answers to COVID-19 FAQs click [here](#).

### SUMMIT 2020

SUMMIT 2020 has been postponed with a new planned date to be announced for the end of the year.