

SQ4R reading technique

SURVEY	<p>Read the abstract, intro, conclusion and topic sentences of each paragraph. Pay attention to the format of the reading and any illustrations.</p> <p>ASK yourself: what do I already know? What do I think this reading will say?</p>
QUESTION	<p>Form a question from your own knowledge, readings, assessment or information from the course. As a last resort you could form questions from the title of the readings.</p> <p>*HINT: keep forming questions throughout the reading whenever you think of them.</p>
READ	<p>Read with your question as the focus. Make notes, write down questions and summaries of different sections.</p> <p>*HINT: try not to highlight – write notes or summaries instead.</p>
RECITE	<p>Do something with the information – turn your notes into a study aid: e.g. mind map, diagram, key points, glossary of terms etc.</p> <p>ASK yourself: do I understand? If not, go back a step.</p>
RELATE	<p>Relate what you have read to what you already know, your course, your assessment etc. Pay attention to new concepts and theories.</p> <p>*HINT: think about building a glossary of new terms or theories so you have them in a central place to revise.</p>
REVIEW	<p>And then review. Go through the questions you started with and review what you have read. Remember, you need to review information more than once to transfer it to your long-term memory.</p> <p>*HINT: this is where you should be self-testing. Put your notes away and see what you can recall.</p>