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<tr>
<th>Session</th>
<th>Title</th>
<th>Speaker/Institution</th>
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<tr>
<td>1A</td>
<td>HOW DOES THE BODY WORK?</td>
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<td>LEARNING MORE ABOUT FALLS IN AGED RESIDENTIAL CARE</td>
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<td>1C</td>
<td>WORKING IN HOSPITALS TO UNDERSTAND STAFF, PATIENTS AND FALLS</td>
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<td>1D</td>
<td>SPECIAL POPULATIONS AND THOSE AT RISK OF FALLS</td>
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<td>2A</td>
<td>METABORAL SYNDROME AS A RESPONSE TO PATHOPHYSIOLOGY OF AGING</td>
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<td>FALLS MANAGEMENT: A PROFESSIONAL PERSPECTIVE</td>
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<td>2C</td>
<td>FALLS PREVENTION STRATEGIES IN ASIAN POPULATIONS</td>
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<td>2D</td>
<td>IS THERE AN ASSOCIATION BETWEEN DEPRESSIVE SYMPTOMS AND SARCOPENIA ?</td>
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<tr>
<td>3A</td>
<td>ADAPTING A SUCCESSFUL FALLS REDUCTION PROGRAM TO ACUTE HOSPITALS</td>
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<td>3B</td>
<td>CHRONIC DISEASES AS A PREDICTOR OF FALLS IN AGED PATIENTS</td>
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<tr>
<td>3C</td>
<td>THE ROLE OF COMMUNITY HEALTH SERVICES IN FALLS PREVENTION</td>
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<td>3D</td>
<td>PHYSICAL ACTIVITY ON TOP OF COMMUNITY SERVICES IN FALLS PREVENTION</td>
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<td>4A</td>
<td>PHYSICAL ACTIVITY ON TOP OF COMMUNITY SERVICES IN FALLS PREVENTION</td>
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<td>4B</td>
<td>THE ROLE OF COMMUNITY HEALTH SERVICES IN FALLS PREVENTION</td>
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<td>4D</td>
<td>THE ROLE OF COMMUNITY HEALTH SERVICES IN FALLS PREVENTION</td>
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<td>5A</td>
<td>PHYSICAL ACTIVITY ON TOP OF COMMUNITY SERVICES IN FALLS PREVENTION</td>
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<td>5B</td>
<td>THE ROLE OF COMMUNITY HEALTH SERVICES IN FALLS PREVENTION</td>
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<td>5C</td>
<td>PHYSICAL ACTIVITY ON TOP OF COMMUNITY SERVICES IN FALLS PREVENTION</td>
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<tr>
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</tbody>
</table>

**Plenary 1**

**Concurrent Session 1**

**Discussion Groups**

**Plenary 2**

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**Sunday, 5 December 2021**

**Concurrent Session 2**

**Discussion Groups**

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**Monday, 6 December 2021**

**Concurrent Session 3**

**Discussion Groups**

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**Tuesday, 7 December 2021**

**Concurrent Session 4**

**Discussion Groups**

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### Concurrent Session 2 | Discussion Groups

**2.45pm - 3.10pm**

2A | 2B | 2C | 2D
---|---|---|---
**Microbreak**

### Concurrent Session 2 | Discussion Groups

**3.10pm - 3.55pm**

2A | 2B | 2C | 2D
---|---|---|---
**Sponsor Exhibition**

### Concurrent Session 2 | Discussion Groups

**3.25pm - 4.20pm**

2A | 2B | 2C | 2D
---|---|---|---
**CONCURRENT SESSION 2**

### Concurrent Session 2 | Discussion Groups

**3.55pm - 4.25pm**

2A | 2B | 2C | 2D
---|---|---|---
**Plenary**

### Concurrent Session 2 | Discussion Groups

**4.25pm - 5.15pm**

2A | 2B | 2C | 2D
---|---|---|---
**ANZFPS AGM**

### Concurrent Session 2 | Discussion Groups

**5.15pm - 6.15pm**

2A | 2B | 2C | 2D
---|---|---|---
**Roundup**

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**ChanginaZ Way We Change Behaviour**

**2A**

**1. Changing the Way We Change Behaviour**

**2. Changes in Physical Activity Levels and Falls Incidence: 18 Months Follow-Up**

**3. The Role of Ambulatory Physical Activity in Determining Risk Factors for Falls**

**4. Increasing Risk of Falls in Cancer Survivors with Chemotherapy Induced Peripheral Neuropathy**

**5. The Role of Ambulatory Physical Activity in Determining Risk Factors for Falls**

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**Interventions and Keeping Safe**

**2B**

**6. Coaching for Healthy Ageing Trial – A Cluster-Randomised Controlled Trial**

**7. Qualitative Systematic Review**

**8. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**9. Ladder Use in Older People: Type, Frequency and Predictors of Risk Behaviours**

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**Interventions, Observations and Predictions**

**2C**

**10. Map the Apps: Engaging Older Adults Digitally in Strength and Balance Exercises**

**11. Changes in Physical Activity Levels and Falls Incidence: 18 Months Follow-Up**

**12. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**13. Are Falls Associated with Future Cognitive Decline?**

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**Epidemiology of Falls in the Community**

**2D**

**14. Changing the Way We Change Behaviour: Interventions and Keeping Safe**

**15. The Epidemiology of Falls in the Community**

**16. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**17. The Role of Ambulatory Physical Activity in Determining Risk Factors for Falls**

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**Microbreak**

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**Virtual Exercise Break | Sponsored by ACC Live Stronger For Longer**

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**Concurrent Session 2 | Discussion Groups**

**2B**

**18. The Victorian Falls and Fracture Prevention Programme in New Zealand**

**19. Falls Prevention Through Dance: A Community Program Case Study**

**20. Are Falls Associated with Future Cognitive Decline?**

**21. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**2C**

**22. Coaching for Healthy Ageing Trial – A Cluster-Randomised Controlled Trial**

**23. Qualitative Systematic Review**

**24. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**25. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**2D**

**26. Map the Apps: Engaging Older Adults Digitally in Strength and Balance Exercises**

**27. Changes in Physical Activity Levels and Falls Incidence: 18 Months Follow-Up**

**28. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**29. Are Falls Associated with Future Cognitive Decline?**

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**Discussion Groups**

**2A**

**30. Coaching for Healthy Ageing Trial – A Cluster-Randomised Controlled Trial**

**31. Qualitative Systematic Review**

**32. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**33. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**2B**

**34. Map the Apps: Engaging Older Adults Digitally in Strength and Balance Exercises**

**35. Changes in Physical Activity Levels and Falls Incidence: 18 Months Follow-Up**

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**37. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**2C**

**38. Coaching for Healthy Ageing Trial – A Cluster-Randomised Controlled Trial**

**39. Qualitative Systematic Review**

**40. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**41. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**2D**

**42. Map the Apps: Engaging Older Adults Digitally in Strength and Balance Exercises**

**43. Changes in Physical Activity Levels and Falls Incidence: 18 Months Follow-Up**

**44. Impact of Gender on the Cost-Effectiveness of the Otago Exercise Programme**

**45. Different Effectiveness of Falls Prevention Exercise Interventions According to Falls Risk**

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**Discussion Groups**

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**30. Coaching for Healthy Ageing Trial – A Cluster-Randomised Controlled Trial**

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<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Chair</th>
<th>Title</th>
<th>Presenters</th>
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<tr>
<td>6:00pm</td>
<td>3A: SWORGASBORD; OUTCOME, MEASURES AND BEYOND</td>
<td>3A</td>
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<td>LOWER LIMB NEEDLING, FIXING AND RISK FACTORS</td>
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<td>6:05pm</td>
<td>3B: POSTURAL REACTIVE BALANCE AND FUNCTIONAL ASSESSMENTS FOR FALL PREVENTION</td>
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<td>EXECUTING YOUR EXERCISE PROGRAMME</td>
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<td>6:45pm</td>
<td>3C: REHABILITATION AND RECOVERY: WHAT'S NEW</td>
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<td>DOING THINGS AT A DISTANCE</td>
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<td>7:00pm</td>
<td>3D: PREVENTING FALLS IN THE COMMUNITY: WHAT'S NEW</td>
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<td>4A: COST-EFFECTIVENESS OF THE STANDARD FALL PREVENTION PROGRAMME IN OLDER PEOPLE</td>
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<td>7:45pm</td>
<td>4B: IMPACT OF STRETCHING ON POSTURAL REACTIVE BALANCE IN FRACTURED ADULTS</td>
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<td>4C: INTERVENTIONS OF THE HOME-BASED FRACTURE PREVENTION PROGRAMME IN OLDER PEOPLE</td>
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<td>4D: EXERCISE PROGRAMME FOR FALLS IN COMMUNITY-DWELLING OLDER PEOPLE</td>
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<td>9:15pm</td>
<td>4E: EXPERIENCE OF NURSE AND OLDER PEOPLE IN HOSPITAL SETTINGS</td>
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<td>9:45pm</td>
<td>4F: RESEARCH GUIDELINES FOR PRIMARY CARE PROVIDERS IN OLDER PEOPLE</td>
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<td>4G: MEASURING PHARMACEUTICAL RISK FACTORS IN OLDER PEOPLE</td>
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<td>4H: SYSTEMATIC REVIEW OF FALLS PREVENTION PROGRAMME</td>
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<td>11:15pm</td>
<td>4I: COLLABORATION SYSTEMATIC REVIEW</td>
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**Friday 3rd December 2021**

- **Plenary Session 1**: 10:00am - 11:00am
- **Concurrent Session 1**: 11:00am - 12:00pm
- **Plenary Session 2**: 12:00pm - 1:00pm
- **Concurrent Session 2**: 1:00pm - 2:00pm
- **Plenary Session 3**: 2:00pm - 3:00pm
- **Concurrent Session 3**: 3:00pm - 4:00pm
- **Plenary Session 4**: 4:00pm - 5:00pm
- **Conference Casing**: 5:00pm - 6:00pm
- **Networking Session**: 6:00pm - 7:00pm
- **Day 3 End**: 7:00pm