Promoting Nonviolent Relationships: Alternatives to Violence Project Workshops with Parents
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For a written paper with more details see:
Workshops on nonviolence and conflict resolution

Started 1975

Green Haven Prison (New York)

Senior inmates concerned about reoffending by younger inmates

Quakers active in development and growth of AVP
The world’s largest voluntary adult education program?
AVP Philosophy

Good in All Teachers

Learn by Getting Involved

Everyone All Learners

Volunteers

A Safe Place

May be Spiritual

Not Therapy

Sharing Fun

May be Not Religious

May be Healing
Building blocks

Creative Conflict Resolution
Cooperation
Listening and Sharing (communication)
Affirmation
Getting to know each other
Building Community
Building Trust
The journey is yours...
Workshop levels

- Basic
- Advanced
- Training for Facilitation (T4F)

Each workshop 16-20 hours
Gathering

Agenda

Experiential activity

Light and lively

Experiential activity

Light and lively

Feedback

Closing
Power-with not power-over
AVP with families
Real-life family scenarios
Parenting styles
Adapting exercise to focus on children
Challenges
Minimising behaviour
“This workshop is making me realise I’m a better father than some people say I am!”
Challenging conversations
Voluntary participation
Lived experience
The rabbit or the duck
Contact

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Alternatives to Violence Project

- https://avp.international/